



CITRUS HEIGHTS-AMERICAN RIVER

Dec. 2019 Volume 59, No. 4



Annual Holiday Social

HOLIDAY BRUNCH Potluck & SING-A-LONG

Saturday, December 14 — 11 AM

Edgewood Community Club House
5688 Spyglass Lane, Citrus Heights

**Featuring a Banjo Band Duo Playing Banjo & Clarinet
Marilyn & Norm Peterson**

We will have sing-a-long sheets so we can all join it!

As a holiday donation, please bring new toiletry items—especially supplies for women’s hygiene. We will be giving them to the ARC Women in STEM Club for their Toiletry Drive. Please see details on page 7.

Please RSVP to Roberta Schmalz
and let Roberta know what you are bringing.

Please bring a brunch item for 8:

- A-C Fruit
- D-R Savory such as egg casserole, quiche, etc.
- S-X Sweet such as coffee cake, cinnamon buns, etc.

Guests are welcome—Bring a friend!

Parking along the sides of the roads throughout the complex is allowed and encouraged. No need to find a marked spot. Just do not block any driveways. The parking spots in front of the community room may be full because of those who are bringing large items. If you need to park close, just pull over and run in to let someone know you need help



Needed. Do you have any glass ball ornaments you could donate to the decorating committee for our December gathering? Contact Mary Duval if you have some to donate.

President's Message

**Our power is shown in our ability to achieve,
our strength is shown in commitment,
our actions are shown in what we do.**

Equal Rights Amendment.

Wednesday, November 13, 2019, the U.S. House Committee marked-up the ERA resolution that Rep. Speier (Dem CA) proposed to eliminate time restrictions. Her proposal is ready for House vote, thanks to Congressional Chair Nadler (Dem NY).



VIRGINIA.

Tuesday November 5, Virginia Democrats took control of both legislative chambers.

Virginia can now vote the ERA out of committee and become the 38th state to ratify the ERA. Year, 2020, the 100th anniversary of the 19th Amendment giving women the right to vote, may be the year women are recognized as equal with men. STAY TUNED...

October 12 CHAR joined AAUW @ ARC Student Club and Students from CSUS, and UC Davis for Take Back the Night. We watched our students explain how AAUW fought for a woman's right to an education, a woman's right to work using that education, how we are still fighting for equal pay, eliminating the glass ceiling, against sexism in criminal justice, for Title IX... Our students are carrying the torch.

Leadership Workshop November 2--YES.

Elaine Johnson, Charlene Goehring, Carol Holzgrafe, and Kathleen Cha presented California's Leadership Workshop on the Strategic Plan, Outreach, diversity, sensitivity, resilience and opportunities. ARC, CSUS, and UC Davis students participated saying youth sensitivity is on par with race sensitivity. They offered to speak at our next leadership workshop November 7, 2020. Sue Miller set up this workshop, and PJ and Shirley Jeff made the workshop happen. Thank you all. Looking forward to November 7, 2020.

Days for Girls scheduled for April 18 at the California Convention. Branches in our IBC will join along with San Mateo County IBC to make Hygiene kits. Others are donating travel size soap, girl's undies, card stock, 100% cotton flannel, 100% polyester thread and serger thread. Karen will train branch experts on kit making. And Karen is working on logistics with the United Nations High Commissioner for Refugees at Rwanda.

November Fund Raiser. (See page 6)

Equal Means Equal

PRESIDENT
Lee Battershell-Baird

PROGRAM VP
PJ Missman

CO-V.P. MEMBERSHIP
Finance—Roberta Schmalz
Hospitality—Darlene Houston

V.P. AAUW FUNDS
Shirley Chang

SECRETARY
Mary Toutonghi

TREASURER
Roberta Schmalz

*Reminder:
Board Meeting
Monday, Dec. 2th
Time 10:00 AM
Raley's Meeting Room
San Juan at Sunset,
Fair Oaks.*



**DEADLINE FOR
JAN-2020 RIPPLES:**
December 10th
*Please put "Ripples" in the
subject line so I will see
it!!*

Interim Ripples Editor:
Ray Missman

Special Interest Groups

Hungry Ladies Eating Out!

December Hungry Ladies will be on December 5th, 2019 at 6:pm:

Scott's Seafood Grill and Bar
9611 Greenback Lane, Folsom
916-972-1911

The hostess will be Judy Bell .

Please RSVP by **November 30**.

Days for Girls

Date: Wed., Dec. 11th

Time: 1:30 PM

RSVP: Shirley Chang .

Whodunits

Date: Tues, Dec 10, 2019

Time: 1:00 PM—2:30 PM

Place: Carmichael Library Meeting Room
5605 Marconi Ave., Carmichael

New members welcome. Briefly share and highlight mystery books you have read. Call Coby Bonner with questions.

Mahjong

Date: Thurs., Dec. 12, 2019

Time: 1:30 PM

Bring: \$5.00 for AAUW funds

RSVP: Shirley

PLAY DAY: None this month due to holidays.

More Than Books

Date: Wed, Dec 18

Time: 8:15

Hostess: Pat Arthur

Topic: Medicine

3rd Thursday Book Group

The 3rd Thursday Book Group will not meet in December.

Save Thursday, January 16 for discussion of *Women Rowing North* (Mary Pipher) led by Aggie Vawter at Lee Battershell-Baird's home.

Great Decisions

The Great Decisions group will begin meeting again next February.



The Great Decisions discussion topics are listed on the Foreign Policy Association website at www.fpa.org. The GD briefing book will cost \$32 this year. If you would like more information or want to join the group, please contact Virginia Sturdevant at hands@surewest.net.

Tech Trek

The Tech Trek committee will hold a planning meeting on December 7th 1-3 at the San Juan Raleys. All are welcome. Contact Joyce Farruggia or Mary Duval if you can join us.

EXPANDING OUR HORIZONS

Bird Watching

Date: Tues., Dec. 3, 2019

Time: 7:30 AM - 2 PM

Place: Gray Lodge Refuge 1½ hr. drive north on 99.
Bring a lunch.



<https://www.wildlife.ca.gov/Lands/Places-to-Visit/Gray-Lodge-WA>

Located 67 miles north of Sacramento, Gray Lodge is famed for the incredible number of waterfowl of more than 300 species of resident and migrant birds and mammals. Surrounded by miles of rich agricultural lands, this 9,200-acre area is managed for the wildlife that call Gray Lodge home for all or part of the year.

Meet: Meet in the in front of Petco at 7:30 am in the shopping center on the northeast corner of Greenback & Auburn, behind Jack-in-the-Box.

World Country Study Group

Date: Wed, December 4, 2019

Time: 10:45 AM -3:30 PM

Place: Carmichael Library

Program Country: Russia



Happy Holiday Season! Because so many things are going on this month, our group will meet on Wednesday, December 4, 2019 — EARLIER than usual at the Carmichael Library from 10:45am to 3:30pm. Plan to arrive at 10:45am and eat an early lunch from 11:00 to 11:30am. We will begin viewing the film WAR AND PEACE, based on Tolstoy's noted novel, **PROMPTLY at 11:30 AM.**

The film lasts 208 minutes and you don't want to miss a moment of this outstanding, award-winning production starring Audrey Hepburn, Henry Fonda, and Mel Ferrer shown on the library meeting room's huge pull down screen.

Plan to bring a plate of finger food to share. Guests are welcome and of course there is no charge. Janice and Mary T. do appreciate your RSVP by or close to the previous Wednesday if possible.

California Issues

The group will not meet in December because our meeting date is too close to the holidays. We'll resume in January.

— Mary Duval

Gadabouts

Our annual trip to the Crocker art museum will be on Thursday Dec. 12th. to see a splendid show of Southwestern Pottery and the decorated Crocker tree. Lunch there afterwards. If you need a ride we will meet at Carolyn Michaels' at 9:15. For reservations, contact Noreen Rademacher, .

Save the Date: January 23rd we'll tour the Stem Cell Research Center at UC Davis. Look for details in the January Ripples!

Governor Signs AAUW-Supported Bills Into Law

by Magaly Zagal, Legislative Advocate for AAUW-CA

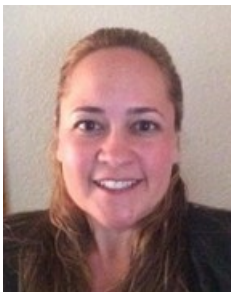
The 2018-19 legislative season has come to a close, and by October 13, 2019 Governor Newsom signed 870 bills out of the 1,042 bills that were presented to him. Among the most significant of these were the following bills – which will become law due to the advocacy and research support offered by AAUW-CA:

- AB 9 - Extends the time for filing harassment and discrimination claims under California's Fair Employment and Housing Act (FEHA) from 2 to 3 years, allowing survivors additional time to seek redress.
- AB 51 - Prohibits an employer from requiring an employee to waive any right for a labor code violation as a condition of employment, continued employment or receipt of employment benefits.
- AB 59 - Directs county elections officials to consider a vote center location on a public or private university with the intent to increase youth voter turnout.
- AB 170 - Closes a gap in the law to ensure that employers do not resort to subcontractor agreements for purposes of avoiding liability for sexual harassment claims.
- AB 218 - Increases the civil statute of limitations period for commencement of a sexual assault cause of action. This will give sexual assault survivors sufficient time to access civil remedies.
- AB 381 - Ensures that prevention and bystander intervention outreach on dating violence information is made available to incoming students during orientation.
- AB 543 - Ensures that all 9th through 12th grade students receive a written policy on sexual harassment information during orientation. AAUW's report *"Schools Are Still Underreporting Sexual Harassment and Assault"* was critical in helping support the legislative analyses for AB 543.
- AB 749 - Prohibits the use of "no rehire" clauses in settlement agreements that broadly restrict future employment opportunities for workers settling a sexual harassment or other claims.
- AB 809 - Mandates that public postsecondary institutions provide notice to students to ensure that pregnant and student parents are aware of their Title IX rights.
- AB 922 - Allows a woman providing human oocytes for research to be compensated for her time, discomfort, and inconvenience in the same manner as other research subjects.
- SB 24 - Increases access to reproductive health services for students at public universities and colleges by providing medication abortion at student health centers.
- SB 142 - Requires employers to have a written lactation policy and lactation spaces that meet minimum requirements for lactating workers. While existing law requires employers to provide parents with the time and space to express breast-milk, SB 142 places specific guidelines to ensure that parents are sufficiently protected in the workplace.

ARC CHAR FASHION SHOW

Thank you to all the many people who worked on this first ever joint program between ARC and CHAR making it the most successful Local Scholarship show to date. We made \$1,705 from our raffle and silent auction. The numbers from the show, donations, and advertisements are not complete. We will let you know when we know how much we have for scholarships!! In response to requests from our audience, yes, we will have a fashion show in 2020 on November 14, same place, same time, same partnership. Many thanks to all.

Angela Milano, Dean of Fine and Applied Arts opened the show with a warm welcome,



Angela Milano,

followed by CHAR President Lee Battershell, a moment of silence for our Veterans, then Dyanne Marte, ARC Department Chair of Fashion, presented fashions from designers Thomas Gatewood, Rachel Monique Maskell, Quynh Nguyen, Hannah Strickler, Keia Mae, Elva (CHOCHOs), and Dyanne Marte. Models included our two scholarship winners, Heather Lee Merrifield and Andrea Miller, and Asia Burney, Lana Nguyen, and Kim Anderson. Year 2019 scholarship winners are Kalena Chock, Heather Lee Merrifield, Jennifer Yarberry, Andrea Valdes Alfonso,



AAUW @ ARC Co-Presidents

and Andrea Miller. AAUW @ ARC Student Club Co-President Samantha Brady was the keynote speaker who talked about winning the AAUW Nan Hendrickson scholarship in 2018, surviving a fire, getting straight A's anyway, becoming the first official AAUW @ ARC club president, winning the NCCWSL Scholarship and more. AAUW @ ARC Student Club Co-President Carrie Battershell was the official fashion photographer—her work is featured in this Ripples. Brian Knerk, Department Chair Oak Café, and students provided the five-star lunch.

The ARC Fashion Club, headed by Presi-



dent Rachel Maskell along with her club members organized and coordinated the fashion show. AAUW @ ARC Student Club members Raegan Sweeden and Katie Battershell sold raffle tickets, CHAR members Elaine Bemis & Fran Clarke organized the Raffle/Silent Auction items that included a painting from ARC Art teacher Jade Jacobs and a painting from Giles Hendrikson, an artist from England. Charlene Eberwine made name tags, Darothy Derrenger and Roberta Schmalz handled registration, money, and accounting, Cory Winfield was the Model Coordinator.

Quynh was an absolute star in taking charge and making everything run smoothly. Yes, it took a village plus—Thank you to all.

Reach out to help ARC students at our Holiday Brunch

For our Dec 14 Holiday Party, please bring new unopened toiletry items.

We will be contributing items for the Women in STEM Club in collaboration with other college organizations, to the Resource Fair at the STEM Center at the beginning of Spring 2020 semester. Our donations will be part of free hygiene kits which will include free pads and tampons for unsheltered students and students at risk of homelessness. Most people in college experience housing and basic needs insecurity.

Here's another great chance to help women and girls achieve education and success! We will be putting our items under the Christmas Tree. Please bring new packages and travel size packages of these items. Suggested items:

- Pads
- Tampons
- Toothbrush
- Toothpaste
- Paper towels/napkins
- Hand sanitizer
- Deodorant
- Water bottles
- Lotion
- Q-tips
- Baby wipes/antiseptic towelettes
- Clean socks
- Laundry or Dish Detergent
- Shampoo
- Body soap
- Hair brush/comb
- Tissues
- Band-aids
- Chapstick
- Toilet Paper
- Shaving cream
- Disposable razors

Welcome New Members!

Angela Milano—9211 Rancho Dr., Elk Grove, CA 95624

Phone: 916 203-9360

milanoa@arc.losrios.edu

ARC Dean of Fine Arts

MA Mathematics Texas A&M,



Jarilynn Hegseth—8017 Sawgrass Cir, Citrus Heights, CA 95610

Phone: 916 844-5507

jhegseth@yahoo.com

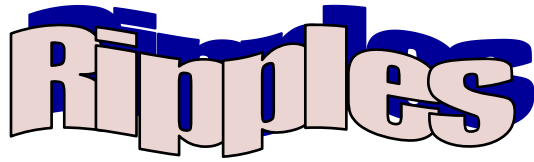


Dues Increase for 2020-2021

At the December general meeting, we will vote on a dues increase



CHAR-AAUW Ripples



Deadline for Jan. Ripples

Dec10th — [email Ray@Missman.org](mailto:email.Ray@Missman.org)

CHAR website:

Citrusheights-ca.aauw.net

Facebook:

www.facebook.com/aauwchar

December 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Board Meeting	3 Bird Watching	4 World Country Study Group	5 Hungry Ladies	6	7 Tech Trek
8	9	10 Who Dunit's	11 Days for Girls	12 Mahjong Gadabouts	13	14 Holiday Brunch
15	16	17	18 More Than Books	19	20	21
22	23	24	25	26	27	28
29	30	31				

AMERICAN ASSOCIATION OF UNIVERSITY WOMEN MISSION STATEMENT:
***AAUW advances equity for women and girls through advocacy,
education, philanthropy and research.***

AAUW Funds Luncheon

Please join us for the annual

Capitol Counties Interbranch Luncheon

Saturday, January 25, 2020

11:00 AM to 2:00 PM

Plates Café and Catering

14 Business Park Way Sacramento

\$35



*Briana
Lizarraga*



*Karenjeet
Dosanjh*

Our speakers:

Briana Marela Lizárraga is an electronic musician and sound artist focusing on live performance using music technology. She is working toward her Masters of Fine Arts degree with goals to someday teach and inspire other women of color to enter this traditionally male-dominated field.

Through completion of her law degree, **Karen Dosanjh** plans to focus her efforts on empowering, educating and assisting women of all ages in vulnerable or abusive relationships and marriages with no support and limited resources. Her goal is to extend her legal assistance to specific agencies that assist victims of domestic violence, sexual assault and human trafficking within the Asian community.

The venue is Plates Café and Catering—An employment learning program for formerly homeless mothers with children, Plates provides women with a unique opportunity to learn valuable skills. Upon completion of the Plates program, graduates are qualified for positions in the culinary, retail and/or hospitality industries. Plates helps place graduates into careers in these industries.

Complete and Mail with \$35 by Jan. 17, 2020

Name _____ Branch _____

Phone _____ e-mail _____

Please indicate one Menu Choice:

- ☐ Herb Roasted Chicken
- ☐ Lasagna with Meat Sauce
- ☐ Vegetarian Lasagna

All meals include spinach strawberry salad, drink, bread and dessert.

Make checks payable to **AAUW Interbranch Council**

Send to: Shirley Zeff, P.O. Box 820, Chicago Park, CA 95712