



# CITRUS HEIGHTS-AMERICAN RIVER

May 2019, Volume 59 No. 9

# May Monthly Meeting—End of Year Celebration

Saturday, May 11, 2019, 11:00 AM to 2:00 PM

Celebrating a new year of spectacular efforts to support Women's Equity Issues.

Lunch at Plates Cafe 14 Business Park Way, Sacramento, CA, 95828





We will hear from Erin Saberi who is spearheading the movement to reinstate our Sacramento County Commission on Women and Girls - We will learn why we need to have a Sacramento County Commission on Women & Girls and how we can help make it a reality.

This is one of AAUW CHAR's newest efforts supporting women in our community.

#### The Baked Potato Bar

Shredded Salsa Chicken, Chili with or without Beef, and Broccoli with Cheese Sauce to create your own Potato Masterpiece.

Seasonal Fresh Fruit, tossed Green Salad and Fresh Rolls with Butter.



\$21 luncheon cost. All proceeds go to support Plates Cafe and the women who work there.

A part of Saint John's Program for Real Change, Plates Café is a social enterprise which supports the employment training of Saint John's clients.

Make check payable to **CHAR AAUW for \$21** and mail to PJ Missman By Friday, May 3rd.

# MESSAGE FROM OUR PRESIDENT



**Neither the Arizona House nor the Virginia house** passed the Equal Rights Amendment (ERA) this year. Now it's North Carolina's turn. Is there a chance? I'm not happy with the ERA progress, but CHAR has me smiling big!

On April 6 at the Annual Meeting in San Diego, California AAUW awarded our Days for Girls Project, AND awarded Karen \$500 to take Days for Girls in new directions!! Thank you Karen!! (see p. 6) AAUW-National awarded Samantha Brady a scholarship for College

Women Student Leaders (NCCWSL) in Baltimore (see p. 6) Samantha heads CHAR's first AAUW-ARC student club!! Thank you Samantha! And thank you Charlene Eberwine for our ARC CHAR partnership, and for collaborating with Sacramento, Davis, and Roseville to establish AAUW clubs on campus.

On May 4 under Mary Duval's excellent leadership CHAR hosted the first ever Tech Trek Alumni celebration. Mary identified Tech Trek alumni from the past 20 years (p. ). Mary and her committee selected five 7th grade girls for the summer 2019 Tech Trek program who will also attend the Tech Trek alumni celebration, AND she organized The Tech Trek alumni celebration (p. ). Mary's work will help our Tech Trekers network with each other and with others, and help Tech Trekers complete high school and college. Our Tech Trekers will make the world a better place to live.

**Roberta Schmalz is ready to change us from a 501c4 to a 501c3** so we can deduct our contributions. We need 75% of you to say yes!! See p. .

**May 11 our own Erin Saberi** will explain our Women's Commission for Sacramento County (p. ). She is using a listening campaign to convince Sacramento that we need a Women's and Girls' Commission.

Join us May 11 to hear Erin and to thank the wonderful leaders we have in CHAR.

**EQUAL MEANS EQUAL** 

A Lee Battershell-Baird, CHAR President

#### **Something More to Think About**

#### **Roberta Schmalz, Treasurer**

AAUW - CHAR was formed as an

unincorporated social welfare organization (IRC Sec. 501(c)(4). As such we are tax exempt but may not receive tax deductible contributions. Your board feels that it is advantageous to change to a non-profit corporation (IRC Sec. 501(c)(3)) due to the growth in our endeavors and so that member donations will be tax deductible. The application costs are \$630 which would be taken out of reserves.

**In June you will be asked to vote** on whether you favor this change and approve of the expenditure from reserves. A 75% approval rate will be necessary to be enacted.

# DEADLINE FOR JUNE RIPPLES May 10th.

Esther Leal: emleal@comcast.net

#### **Board Meeting**

Monday, May 6th 10:00 AM Raley's Meeting Room San Juan at Sunset Fair Oaks



# **CHOICES!** CHOICES!

# 3rd Thursday Book Group

Date: Thursday, May 16, 2019

Time: 1:00 PM

**Hostess:** Darlene Houston

**RSVP**: by May 13

**Book:** Any book by Allison Brennan

No Discussion Leader

### **Great Decisions** (1st & 3rd Tues.)

**Date**: May 7, 2019

Topic: The U.S. and Mexico: Partner-

ship Tested

**Date:** May 21, 2019

Topic: The State of the State Dept. and

Diplomacy

Time: 1:00-3:00 PM

**Place**: Raley's Event Center—San Juan at Sunset in Fair Oaks.

May 21st is the last meeting of the year for the Great Decisions group. Virginia will let everyone know when it's time to order the 2020 Briefing books next Fall.

#### **Days for Girls**

**Date**: Wed., May 8, 2019

Time: 1:30 PM
Place: Shirley Chang

**RSVP**: Shirlev

Sewing skills not necessary—

lots to do to help!



#### Whodunits

**Date**: Tues., May 14, 2019 **Time:** 1:00—2:30 PM

**Place**: Carmichael Library Meeting Room Call Coby Bonner with questions. Briefly share and highlight mystery books read. For June and

July, check with Coby for meeting place.

(Library not available then.)

#### **More Than Books**

**Date**: May 15, 2019 **Time**: 8:15 AM **Hostess:** Mary Duval **Topic:** 1960s Fact or Fiction

# **Hungry Ladies Eating Out**

**Date:** Thurs., May 2, 2019

Time: 6:00 PM

Place: Plates Café—with the chef from the

Fire House Restaurant **Hostess:** PJ Missman

This dinner will benefit the St. Johns Pro-

gram for Real Change.

## California Issues: Water

**Date**: May 27, 2019 **Time**: 10:15 AM

Place: Mary Duval, Contact: Mary Duval for

more information.

Video: Water From the Wilderness: Hetch

Hetchy to San Francisco Bay
Pot Luck Lunch

#### **MAH JONG**

Dates: Thurs., May 9, 2019 & Tues., May 28th

**Time**: 1:30 PM

Place: Shirley Chang, RSVP: Shirley

AAUW fundraiser, please bring \$5.00. (for May 9th)

# **EXPANDING OUR HORIZONS**

**Bird Watchers** 

Date: Tues., May 7, 2019

**Time**: 8:00 AM

Place: Mather Field County Park.
Meet: Quail Pointe parking lot corner of Madison and Sunrise near Calico Corners at 8:00 AM. All interested ladies welcome. Come join us whether you are seasoned or beginner or somewhere in between. Bring your binoculars and field guide. If you need binoculars or have questions, contact Charlene Eberwine Tuesday morning of the 1st. call Charlene's cell if you have a change of plans.

www.regionalparks.saccounty.net

/.../Pages/

MatherRegionalPark.aspx

World Country Study Group May Potluck

Date: Wed., May 22, 2019

Time: 12:00 PM Place: PJ Missman

Members of the group who wish to attend are asked to RSVP to PJ by the previous Wednesday in order for the menu of Romanian dishes to be coordinated and parking

information arranged.
Please RSVP to PJ Missman

The group will discuss and vote on which country to study next year, so be sure to make your wishes known! You may email Janice or Mary with this information.

#### **Gadabouts**

# **Urban Agriculture and Education Project**

**Date**: Thursday, May 23rd, **Event**: tour of Soil Born Farms,

Location: 2140 Chase Dr., Rancho Cordova.

Fee: \$15 docent fee.

**Lunch** after at Zinfandel's Grille 2220 Gold Springs Ct., Gold River

**RSVP**: Contact Noreen, Rademacher For more specifics as to time



to

# Tech Trek Reunion Tea - May 4, 1:00-3:00 PM

Christ Community Church, 5025 Manzanita Ave., Carmichael, CA Guest Speaker, Dr. Judith Kjelstrom - Refreshments will be served. RSVP: Mary Duval ASAP or by April 30th

All are invited.

We extend a special invitation to all those who have helped Tech Trek continue over the past 20 years. This reunion is as much about all the supportive CHAR women as it is about the girls who attended.



# Marathon Bridge—Greetings Bridge Goddesses!



We have ten teams and welcome more if you would like to join us. Please notify Pat Boyd, for a fun year of Bridge!

All Marathon Bridge players must have renewed their membership in AAUW by June 30th.

# A Special Welcome

Our five new members from the Women's Commission of Sacramento will be working with our branch and Sacramento AAUW to re-start this commission.

Lisa Culp

**Dina Howard** 

Tonya D. Lindsey

**Sister Jean Schafer** 

**Susan Stone** 





Welcome Returning Member!

Robin Howlett



# 2019-2020 UPCOMING BUDGET DECISIONS



When the whole world

even one voice

POWERFUI

# **Tech Trek - Mary Duval**

**Tech Trek is not an expensive program for the branch**, thanks in part to corporate donors who support our project. We also have been fortunate to have very generous financial support from dedicated members. Individual members who love the program have been very supportive over the years. We haven't had a major fundraiser to support the program.

We do pass the hat at the September meeting, and we receive some funds from bridge groups and other small branch sources. We have held the occasional raffle, with proceeds going to Tech Trek. Sending bright young girls to a Science/Math camp is a source of pride for CHAR. It fulfills our mission of supporting women and girls. Many of the girls who go to camp would like to keep in contact and have an ongoing connection with the Tech Trek program.



The 20 Year Reunion is a step to establish closer ties with the girls. We can continue an annual event and or newsletter for a modest investment. I would call this a blue chip investment. These girls are the future leaders and possibly future AAUW members.

#### ARC Student Club—Charlene Eberwine

**The good news is CHAR is now mentor** to a new AAUW@ARC student club. Associated with the new club are added costs for CHAR. Sacramento and Davis AAUW Branches pay expenses for their student officers to attend AAUW activities that include lunches and associated costs.

**This year all three student groups** are sending student officers to attend leadership training in Baltimore, Maryland. The cost for the training is approximately \$1,000 each that includes the tuition, meals, board and plane fare. All students applied for a scholarship that will pay up to half the costs, which would bring Branch costs to \$500. Sacramento and Davis have committed to paying the full \$1,000 if the scholarships are not awarded to their students.

**If CHAR is going to support its student club at ARC**, we need to do something similar to Sacramento and Davis. We cannot expect the students to carry the full AAUW costs.

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**EXTRA! EXTRA! CALIFORNIA AWARDED CHAR!!** Karen Wilkes accepted the AAUW-CA Award for CHAR at the California Conference in San Diego. The award was for CHAR's Days for Girls Program that Karen leads. AND she received a \$500 grant to extend the project for homeless, college, and foster women and girls.

**The Days for Girls program** provides hygiene kits that girls use during their menstrual period so they can go to school and won't fall behind the boys academically. California AAUW said "...This program is an excellent example of engaging with our local communities in support of our mission to enhance opportunities for women and girls."

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# Membership Renewal Form for 2019-2020

| CHAR MEMBERSHIP RENEWAL   |  |  |  |  |  |  |
|---|--|--|--|--|--|--|
| Check here if any information is different from <u>last year's directory</u> . <b>Highlight changed information.</b> Please |  |  |  |  |  |  |
| complete the following information as you wish it to appear in the branch directory:  Please print.                         |  |  |  |  |  |  |
| Name  |  |  |  |  |  |  |
| Address   |  |  |  |  |  |  |
| Phone: Home   |  |  |  |  |  |  |
| Cell  |  |  |  |  |  |  |
| (Include area code with all phone nos.)   |  |  |  |  |  |  |
| E-mail address:   |  |  |  |  |  |  |
| Ripples Newsletter, emailedyesMailed through Post Office*   |  |  |  |  |  |  |
| \$10 covers annual printing and mailing costs of your Ripples. The branch is only able to pro-                              |  |  |  |  |  |  |

vide this service upon receipt of the \$10.

The due date for renewing your membership is June 15.

Make check payable to CHAR/AAUW

#### **Send Form and Payment to:**

Esther Leal

Please send in the entire page when completing the membership renewal form.

#### **CHAR MEMBERSHIP FEES**

Circle appropriate category: Regular Dual Honorary

## 1) Regular Member Category Breakdown of dues:

**AAUW National Dues** \$59 (\$56 of this is tax deductible) CA State Dues \$20 CHAR Dues (Branch) \$15 Regular Member—Total: **\$94** 

**Note**: If you are a Paid Life Member your total fee is \$35. (Total of State and CHAR fees. You do not pay National Fees.) Paid Life Member—Total \$35.

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# **Dual Member Category**

My Primary Branch is:

If you are a dual member, and CHAR is not your primary branch, your total fee is \$15. (Our CHAR branch fee). You do not pay the State and National fees twice! If this is your primary branch, total fees of \$94 apply. \*\*\*\*\*\*\*\*\*\*\*

**Honorary Life Member Category** If you are an Honorary Life Member, you only pay \$15.

Honorary Life Member- Total: \$15 fee

# **Renew Online** Pay by credit card

Email from AAUW National was sent the end of March. Contact Esther Leal if you need it re-sent.



Look for contribution opportunities in the September 2019 Ripples. Don't send any donations to our various funds with this renewal, except \$10 if you are requesting the Ripples to be sent by the Post Office.

#### **CHAR**



Deadline for June 2019 Ripples Friday, May 10th See page 2 for address

Our CHAR website: www.citrusheights-ca.aauw.net

Facebook: www.facebook.com/aauwchar

#### Wanted! - A Treasurer Elect

**Do numbers fascinate but intimidate you?** If so, please consider becoming the Treasurer Elect, an amazing volunteer opportunity. I have agreed to extend my term as treasurer for one more year through June 2020. I would be happy to mentor

someone, during that time, including teaching them Quicken basics, with the goal of having a new Treasurer for the fiscal year 2020-2021.

Contact Roberta Schmalz



# May 2019



| Sun | Mon                | Tue                  | Wed                 | Thu                 | Fri                           | Sat                 |
|-----|--------------------|----------------------|---------------------|---------------------|-------------------------------|---------------------|
|     | Bird Watch         | ers                  | 1                   | 2 Hungry<br>Ladies  | 3                             | 4 Tech<br>Trek Tea  |
| 5   | 6 Board<br>Meeting | 7 Great<br>Decisions | 8 Days for<br>Girls | 9 Mah<br>Jong       | 10                            | 11 CHAR<br>Luncheon |
| 12  | 13                 | 14 Who<br>Dunits     | 15 More<br>Than Bks | 16 3rd<br>Thurs Bks | 17<br>Bridge Mara<br>Luncheon | 18<br>thon          |
| 19  | 20                 | 21Great<br>Decisions | 22 World<br>Country | 23 Gada-<br>bouts   | 24                            | 25                  |
| 26  | 27 CA<br>Water     | 28 Free<br>Mah Jong  | 29                  | 30                  | 31                            |                     |

AMERICAN ASSOCIATION OF UNIVERSITY WOMEN MISSION STATEMENT:

AAUW advances equity for women and girls through
advocacy, education, philanthropy and research.