

CITRUS HEIGHTS-AMERICAN RIVER

Feb., 2019 Volume 58, No. 6

You are invited!

Bridge/Games Party

**Saturday, February 9th, 10:00 AM to 2:00 PM
Eskaton Village, 3939 Walnut Ave., Carmichael**

**Come and play Bridge, Mah Jong, or any other game
of your choosing! Luncheon will be at noon,
followed by more games in the afternoon.**



Please sign up your foursome for a table.

Reservation and menu choices on Page 5.

**Players—please bring your own cards or Mah Jong
tiles / other games. Score cards will be provided for Bridge.**

Guests are welcome!

**Reservations must be
received by February 6th.**

Send your reservation to Jean Bayless. Info on page 5.

President's Message

At this writing (January 10) the Arizona House has not passed the Equal Rights Amendment (ERA). Along with all of you, I am anxiously awaiting the Arizona House vote. But something new is in the offing--a different state may claim the distinction of being the 38th state—Virginia!!!

The Virginia Senate just passed the ERA out of committee. That means we still have another vote in the Virginia Senate. But even if a 38th state ratifies the amendment there will be at least two legal challenges from ERA opponents: (1) the deadline for ratification has passed; and (2) five states have rescinded their ratification.

The Supreme Court has stated that it is within Congress's power to rescind the deadline. And attorneys question whether rescension by the five states is legal. Will an additional five states pass the ERA in 2019 to replace the five rescensions?

The equal rights amendment, in sum, would dedicate the nation to a new view of the rights and responsibilities of men and women. It firmly rejects sharp legislative lines between the sexes as constitutionally tolerable. Instead, it looks toward a legal system in which each person will be judged on the basis of individual merit and not on the basis of an unalterable trait of birth that bears no necessary relationship to need or ability. (Ruth Bader Ginsburg)

On January 26, at Plates, you will hear two women speak on the difference AAUW made in their lives as they helped other women and girls achieve and helped society improve.

This month on February 9 you have the opportunity to have fun while contributing so more women can achieve equality.

On February 23 you have the opportunity to learn how to manage political overwhelm.

See page 5 for the Bridge Party reservation and page 7 to reserve your place on the 23rd.

EQUAL MEANS EQUAL

Lee Battershell-Baird
CHAR President

OFFICERS 2018-2019

PRESIDENT
Lee Battershell-Baird

PROGRAM VP
PJ Missman

CO-V.P. MEMBERSHIP
Finance—Karen Campbell
Hospitality—Darlene Houston

V.P. AAUW FUNDS
Elaine Bemis
Shirley Chang

SECRETARY
Mary Toutonghi

TREASURER
Roberta Schmalz



Next Board Meeting Monday, February 11th, 4:00 PM

Raley's Meeting Room
San Juan at Sunset, Fair Oaks

Deadline for March Ripples

Sunday, February 10th

Esther Leal, Editor
emleal@comcast.net



CHOICES! CHOICES!

3rd Thursday Book Group

Date: Thurs., Feb. 21, 2019

Time: 1:00 PM

Hostess: Jean Bronner

RSVP: by Mon. Feb. 18th to
Jean Bronner

Book: *Circling the Sun*, by Paula McClain

Discussion Leader: Aggie Vawter

More Than Books

Date: Wed., Feb. 20, 2019

Time: 8:15 AM

Hostess: Charlene Eberwine

Topic: Barbara Pym

Great Decisions

Dates: Meets 1st and 3rd Tues.,
thru May 2019

Feb. 5th Topic: Refugees and
Global Migration

Feb. 19th Topic: The Middle East:
Regional Disorder

Time: 1:00-3:00 PM

Place: Raley's Meeting Room
San Juan at Sunset in Fair Oaks.

Contact: Virginia Sturdevant with
questions.

Books are now available. Contact Vir-
ginia to pick up your copy before Feb.
5th. Otherwise, you may get it at the
first meeting.



Whodunits

Date: Tues., Feb. 12, 2019

Time: 1:00 PM -2:30 PM

Place: Carmichael Library.

Briefly share mystery books read with
other members. Call Coby Bonner with
questions. This is a good way to get expo-
sure to many different mystery writ-
ers. CHAR/AAUW members can purchase
books at The Bookworm, 4949 Walnut,
Ste.J - Marconi Avenue and Walnut. Just
mention the WHODUNITS account.

California Water Issues

Date: Monday, Feb. 25, 2019

Time: 10:15 AM

Place: Raley's Community Room, San Juan
at Sunset, Fair Oaks

For details, contact Mary Duval.



Hungry Ladies Eating Out

Date: Thurs., Feb. 7, 2019

Time: 6:00 PM

Place: Mandarin Restaurant
4321 Arden Way, Sacramento
Next to Whole Foods Market
Chinese/Taiwanese food

Hostess: Linda Marren

Contact Corrine Laing for more information
or to be put on her group email list for all
the details regarding the dinners.

EXPANDING OUR HORIZONS

Bird Watching

Date: Tues., Feb. 5, 2019

Time: 7:30 am - 2 pm PLEASE NOTE
CHANGE OF MEETING TIME & LOCATION

Sacramento Wildlife Refuge 1 1/2 hr.
drive north on I5.

Meet in the in front of Petco at 7:30 AM
in the shopping center on the northeast
corner of Greenback & Auburn, behind
Jack-in-the-box. More than 300 species
of birds and mammals, both resident and
migratory birds on the Pacific Flyway, use
the refuges. It is mostly car birding with
observation platforms. See the following
link for more information. [http://
www.fws.gov/sacramentovalleyrefuges/](http://www.fws.gov/sacramentovalleyrefuges/)

If you need binoculars or have questions,
call Charlene Eberwine Tuesday morning
of the 5th call Charlene's cell.

World Country Study Group

Date: Wed., Feb. 27 2019

Time: 12:30 PM—2:30 PM (note time
change)

Place: Fair Oaks Library Community Room

RSVP: Mary Toutonghi or Janice Chung

Topic: Music of Romania

It has been suggested because of the time
change that each of us bring a plate of finger
food.



Gadabouts

Gadabouts has not put together
an event for February. If any-
one has an idea and would like
to organize an event, please
contact Carolynn Michaels.
Where in the Sacramento area
would you like to visit?

**Save the Date for March
28th** for the Delta Heartbeat
Tours. If you're not on Janice
Chung's group email list, con-
tact her to get all the details
concerning the tour, reserva-
tions, cost, etc.

Complete info will be in the
March Ripples.

Days for Girls

Date: Wednesday, February 13, 2019

Time: 1:30 PM

Place: Shirley Chang,

RSVP: Shirley Chang—

See page 6 for more information on Days for Girls.
This group will keep working on kits until September
when Karen Wilkes will take completed kits to Africa
for distribution. After that it will begin again to pre-
pare kits for distribution for the following year.

Mah Jong

Date: Thurs., Feb. 14, 2019

Time: 1:30 PM

Place: Shirley Chang

This is a fundraiser for AAUW,
so please bring \$5.00.

RSVP: Shirley Chang



Reservations for Bridge/Games Party

Saturday, Feb. 9, 2019

Menu Choice: 1) Eggplant Parmesan

2) Chicken Florentine

All entrees include green salad, rolls, vegetables and dessert.

Coffee, tea and iced tea will be served.

Number of Reservations _____ @ \$30 each \$ _____ Total

Name _____

Menu Choice # _____

Name _____

Menu Choice # _____

Name _____

Menu Choice # _____

Name _____

Menu Choice # _____

Reservations must be received by Wednesday, February 6th. Checks should be made payable to **Jean Bayless** and mailed to:

Jean Bayless



Save the Date—Saturday, March 9th

Joy Justus—Speaker—"World Relief"
Virginia Gildersleeve Fund Raiser and Annual Business Meeting
Edgewood Community Club House, 5688 Spyglass Lane, Citrus Heights.



Joy Justus has served with World Relief since 2012. From 2012-2014, she worked with World Relief in Indonesia as an English and art teacher to Middle Eastern and South Asian refugees who were awaiting United Nations refugee processing in an immigration detention center.

Since returning to the Sacramento area in 2014, she has been working as the Outreach Manager with World Relief Sacramento encouraging and empowering the local community and local churches to develop mutually transformative relationships with refugees and immigrants.

Days for Girls

Come be part of an international project that gives girls the ability to address their menstrual cycle, get an education, retain their dignity and is good for the environment. In many countries, girls miss school each month during their period because they have no feminine hygiene supplies. And, toilets are clogged and unusable from disposable pads. Each Days for Girls Kit, which lasts up to three years, replaces 360+ disposable pads. In the ten year history of Days for Girls, over a million kits have been assembled worldwide and distributed



In our area, spearheaded by Karen Wilkes, 1,000 kits are being prepared. A project such as this requires many helping hands and donations of supplies and money. The project's participants in our area include groups and individuals from various church, school, and civic organizations, including AAUW. **Sewing is not a requirement to participate!**

The components for these 1,000 kits will be assembled on March 2, 2019 at 2610 Sierra Meadows Drive, Rocklin CA. That will be followed by a presentation by Celeste Mergens, CEO and Founder of Days for Girls.

Hard at work below are Carol Steiger, Shirley Chang, Lee Battershell-Baird and Esther Leal. (Candles are used to singe the drawstring ribbons so they do not fray.) Shirley is sewing the bags that hold the hygiene kits.) This is an ongoing group. Come join us! Contact Karen Wilkes for more information.



AAUW National Art Contest is underway! Submissions accepted from January 8th to February 7th.

Each year AAUW solicits artwork from its members to be on their fundraising notecards.

Special preference will be given to submissions that reflect AAUW's mission and values. Complete instructions are on the National AAUW website. Look for Art Contest for 2019. Art submissions must be of a certain size, meet particular requirements, etc.

AAUW is focusing on the gender gap that exists in the art world. The majority of commercial artists are men and they also receive more money than women for equal work.

Winning entries will feature the artist's name and AAUW branch on the cards.



Overcoming Political Overwhelm

Saturday, February 23, 2019

Edgewood Community Club House

5688 Spyglass Lane, Citrus Heights

10:00 AM Cost \$10

Please join us for a very special opportunity—a workshop and valuable learning experience. We are fortunate to present the same workshop that AAUW California leaders attended at the 2018 Convention.

Learn how to cope with the avalanche of political news and issues regarding AAUW Public Policy positions while remaining an effective and engaged advocate. This will include instructions on how to best express your opinion to legislators and how to use simple tools to communicate with your representatives.

Our speaker will be Peg Carlson-Bowen, the Public Policy Chair for AAUW San Jose and also President-Elect for the San Jose branch. Her skills include program and people management experience in business and non-profits. Extensive experience includes sales operations, channel/customer service management strategic operations business planning, project/program management, business process redesign, change management.



\$10 cost includes a light snack and supplies.

RSVP: PJ MIssman

Tech Trek

The selection process for our 2019 Tech Trek campers is in progress. If you would like to be a part of this rewarding team, contact Mary Duval. We particularly would appreciate help with the plans for our Tech Trek Reunion Party in May. If you enjoy baking, we could use your skills.

Donations are a big part of our program. We need funding for both scholarships and for the 20th Reunion party for all of our campers.

Checks for scholarships should be made payable to AAUW CA-SPF with UC Davis/CHAR in the memo line. Donations to Tech Trek scholarships are tax deductible.



Checks for reunion party expenses only should be made payable to the branch, AAUW CHAR, with Tech Trek on the memo line. These donations are not tax deductible but greatly appreciated.

CHAR-AAUW Ripples

Deadline for Mar. 2019 Ripples
Feb. 10, 2019

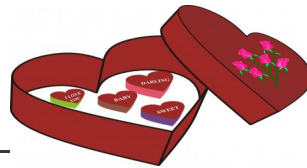
CHAR website:

<http://citrusheights-ca.aauw.net>

Facebook: AAUW:Citrus Heights
American River-CHAR

Twitter: @aauwchar

February 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
		Bird Watchers				
3	4	5 Great Decisions	6	7	8	9 Bridge/ Games Day
10	11 Board Meeting	12 Who Dunits	13 Days for Girls	14 Mah Jong	15	16
17	18	19 Great Decisions	20 More Than Bks	21 3rd Thurs Bks	22	23 AAUW Workshop
24	25 CA Issues	26	27 World Country	28		

AMERICAN ASSOCIATION OF UNIVERSITY WOMEN MISSION STATEMENT:

AAUW advances equity for women and girls through advocacy, education, philanthropy and research.