

CITRUS HEIGHTS-AMERICAN RIVER

Jan., 2019 Volume 58, No. 5

AAUW Funds Luncheon
Please join us for the annual Capitol Counties
Interbranch Luncheon

Saturday, January 26, 2019—11:00 to 2:00 PM
Plates Café and Catering

14 Business Park Way, Bldg. 149, Sacramento, CA

Directions: Hwy. 50 or Fair Oaks Blvd. to Watt Ave. South on Watt to Fruitridge. Turn right (west) on Fruitridge. Left on Business Park Way. Follow road around to the right.

Registration form on page 5—due by Jan. 18th.



Speaker, **Andrea Morgan**, an environmental engineer, is pursuing concurrent master's degrees in public policy and environmental engineering at U. C. Berkeley. Her Career Development Grant allows her to focus on air quality and addressing hot spots of air pollution.



Speaker, **Kait Murray**, is an educator and researcher of community leadership, focusing on historically marginalized people in science and agricultural education. Her Community Action Grant is partially funding her campaign to increase opportunities for underrepresented girls in the sciences - named Girls Outdoor Adventure in Leadership and Science (GOALS).

Plates Café and Catering—features an employment learning program for formerly homeless mothers with children. Plates provides women with a unique opportunity to learn valuable skills necessary to enter the culinary and service industries. Upon completion of the Plates program, graduates are qualified for positions in the culinary, retail and/or hospitality industries. Plates also helps place them into careers in these industries.

MESSAGE FROM OUR PRESIDENT



HAPPY NEW YEAR!!

Year 2019 has the probability of being the year of women.

Women won big in the November 2018 election in Federal, State, and Local Government. Diane Bryant is being considered for CEO of Intel. Diane said her regret while climbing the corporate ladder is that she learned to cuss and talk rough so the guys would take her seriously. Diane says, "It's my responsibility to pull the next tier of women up and grow our overall population (in the corporate world), so we don't have to swear like sailors anymore."

At AAUW-CHAR we sent five eighth graders to UC Davis so they can learn to be techies. We awarded seven scholarships to college women who are heads of households trying to make a better life for themselves and their children. That's what we accomplished and more Nationally and locally.

Look what we have the potential of accomplishing in 2019:

On January 19 the Arizona House will decide if they are the 38th State to ratify the Equal Rights Amendment.

On January 26 we meet at Plates to hear Andrea Morgan tell how AAUW helped develop her expertise as an Environmental Engineer, and Kaitlyn Murray will tell us how AAUW helped launch Girls Outdoor Adventure in Leadership and Science. See page 5 to make your reservation.

On March 2 guided by AAUW-CHAR member Karen Chang-Wilkes we will help Celeste Mergens assemble hygiene kits so girls the world over can go to school and excel.

On March 8, The Sacramento County Board of Supervisors guided by AAUW-CHAR member Erin Saberi will begin deliberating whether to add a Women's Commission to its board.

World-wide women and men are learning that when girls are safe, healthy, educated, and empowered, they earn more, have healthier families, and grow economies.

Look out 2019, here we come!

Lee Battershell-Baird
CHAR President

OFFICERS 2018-2019

PRESIDENT
Lee Battershell-Baird

PROGRAM VP
PJ Missman

CO-V.P. MEMBERSHIP
Finance—Karen Campbell

Hospitality—Darlene Houston

V.P. AAUW FUNDS
Elaine Bemis
Shirley Chang

SECRETARY
Mary Toutonghi

TREASURER
Roberta Schmalz



Board Meeting
Monday, Jan. 14, 2019
4:00 PM
Raley's—San Juan at
Sunset, Fair Oaks

DEADLINE FOR FEB. RIPPLES

January 10, 2019

Esther Leal:
emleal@comcast.net



CHOICES! CHOICES!

3rd Thursday Book Group

Date: Thurs., Jan. 17, 2019

Time: 1:00 PM

Hostess Gwen Houk, Aggie Vawter

RSVP: By Monday, January 14th

Book: *Mrs. Lincoln's Dressmaker*,
by Jennifer Chiaverini

Discussion Leader: Gwen Houk

More Than Books

Date: Wed., Jan. 16, 2019

Hostess: Charlene Eberwine

Topic: Mystery Award winners



Hungry Ladies Eating Out

Date: Thurs., Jan. 3, 2019

Time: 6:00 PM

Place: El Gallo Mexican Restaurant,
11773 Fair Oaks Blvd. in Fair Oaks.

Hostess: Judy Bell

All CHAR members are welcome to attend,
but please RSVP with Judy Bell.

Photo above: Hungry Ladies out to
dinner in December.

Whodunits

Date: Tues., Jan. 8, 2019

Time: 1:00 PM –2:30 PM

Place: Carmichael Library

Briefly share mystery books read with
other members. Call Coby Bonner with
questions. CHAR/AAUW members can
purchase books at The Bookworm, 4949
Marconi Ave., Ste. J, - Marconi Avenue
and Walnut. Mention that your purchas-
es be charged to The Whodunits account.

Great Decisions

The Great Decisions interest group will
begin meeting again on Tuesday, Feb 5,
2019—put it on your calendars! We will
meet on the first and third Tuesdays of
the month through May at Raley's Event
Center at San Juan and Sunset Avenues
in Fair Oaks. We meet from 1 to 3 PM
each time.

The GD Briefing books have been or-
dered and will arrive the first part of
January. Contact Virginia Sturdevant
with questions.

The timely topics we'll be reading about and discussing are:

- Refugees and Global Migration
- The Middle East: Regional
Disorder
- Nuclear Negotiations:
Back to the Future?
- The Rise of Populism in Europe
- Decoding US-China Trade
- Cyber Conflict and Geopolitics
- The United States and Mexico:
Partnership Tested
- State of the State Department



EXPANDING OUR HORIZONS

Bird Watchers

Date: Tues., Jan. 8, 2019 (2nd Tues.)

Time: 7:30 AM to 2:00 PM

Place: Gray Lodge Refuge
1 1/2 hr. drive north on 99.
Bring a lunch.

www.dfg.ca.gov/...graylodge

Carpool: Meet in the front of Petco at 7:30AM— northeast corner of Greenback & Auburn, behind Jack-in-the-Box.

67 miles north of Sacramento, Gray Lodge is famed for incredible number of waterfowl of more than 300 species of resident, migrant birds and mammals. Surrounded by miles of rich agricultural lands, this 9,200-acre area is managed for the wildlife that call Gray Lodge home for all or part of the year.

If you need binoculars or have questions, call Charlene Eberwine.

Gadabouts

Date: Thurs., January 24, 2019

Tour: 9:45 AM

Event: Sierra Sacramento Valley Medical Society Museum

5380 Elvas Ave., Sacramento

Price: Donation of \$5.00 each for tour

Lunch: Sellands's Market Café
5340 H Street, Sacramento

RSVP: Carolyn Michaels to arrange carpools.



World Country Study Group

Date: Wednesday, January 23, 2019

Time: 12:30 PM – 2:30 PM (note time change)

Place: Fair Oaks Library

Plan to share approximately 10 minutes on a topic that is of particular interest to you about Romania. Email your topic to Mary (who has done some research and has hand outs on the Romanian Orthodox Church - what they believe, pictures, etc. so we won't have too many duplicate reports. Also, because of the time change, it has been suggested that we each bring a plate of "finger food" to share.

RSVP: Mary Toutonghi more information on food to share and topics to be presented.

Days for Girls

Date: Wed., Jan. 9, 2019

Time: 1:30 PM

Place: Shirley Chang

Mah Jong

Date: Thurs., Jan. 10, 2019

Place: Shirley Chang

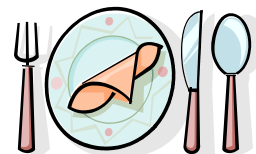
Time: 1:30 PM.

This is a fundraiser for AAU, so please bring \$5.00.



Registration Form for Inter-Branch Council Luncheon,

11:00 AM to 2:00 PM
Plates Café and Catering
Depot Park—14 Business Park Way, Bldg. 149,
Sacramento, CA 95828



Complete and Mail with \$31 by Jan. 18, 2019

Name _____

Branch _____

Phone _____

e-mail _____

Please indicate one Menu Choice:

1____ Chicken Piccata

2____ Homestyle Country Meatloaf

A & B both come with garlic mashed potatoes & roasted vegetable medley.

3____ Cheese Enchiladas with Spanish rice & refried beans (vegetarian)

All meals include classic Caesar salad, drink, bread and dessert.

Make checks payable to AAUW Interbranch Council

Send to: Shirley Zeff, P.O. Box 820, Chicago Park, CA 95712



Save the Date! Bridge/Games Party

Saturday, February 9, 2019
Bridge, Mah Jong, and Other Games

And a Luncheon, of course!

Eskaton Village 3939 Walnut Ave., Carmichael

**Please contact Jean Bayless with your foursome names for
either Bridge or Mah Jong.**



Help Paradise AAUW Members get back on their feet!

43 of 46 AAUW Paradise members lost their homes according to Sue Miller, our California Public Affairs contact.

Our California Co-Presidents issued a report saying gift cards can be sent to our California State AAUW and designated for the Paradise AAUW members who lost their homes.

There are three ways members can provide help:

1) Members can donate gift cards to stores such as Target, Penny's, Macy's, KMart, CVS, Rite Aid, Walgreens, Safeway, Walmart, Raley's, etc. Send any gift cards to our state office:

AAUW of California
1331 Garden Highway, Suite 100
Sacramento, CA 95833

AAUW CA manager will send them to a contact in the Paradise branch for distribution.

2) Paradise members need housing in Northern California. If you have any information about rentals, please contact Carol Holzgrafe at 530-774-4009 or email her at carol@holzgrafe.com.

3) Donate through recognized 501(c)(3) organizations

NVCF.org The North Valley Community Foundation.

For animals: nvadg.org The North Valley Animal Disaster Group. They rescued and are caring for a couple thousand dogs and cats plus horses, donkeys, pigs, llamas, rabbits, birds, tortoises, pet snakes and more.

Jane Niemeier and Cathy Foxhoven
AAUW CA Co-Presidents

Local fabric stores also collecting donations

Thistle Dew Fabric Shop in the Fair Oaks Village is coordinating with Cindy Needham, a quilting teacher and artist who lives in Chico. She is collecting items for quilters who lost everything in the Camp Fire. She has set up her studio as a distribution point, so victims of the Camp Fire can come to her and get items (for free, of course) to help them restart their quilting passion. She is taking the following donations:

Fabric, especially precuts (charm squares, layer cakes, jelly rolls) and kits that include all the original fabrics and pattern.

Sewing machines, new or used ones in very good working condition. New or gently used notions – rotary cutters, mats, scissors, pins, needles, threads, etc.

Your donations will be greatly appreciated. Please bring only items that are usable and in very good condition. You can drop off your donations at Thistle Dew, and they'll make sure they get to Cindy. Thank you for your help.

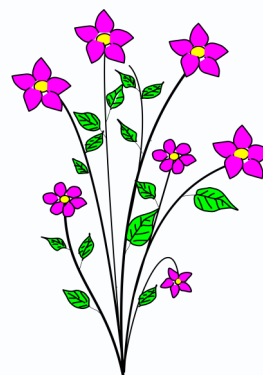
Swiftly Fabrics, a new fabric store in Carmichael, located at San Juan Ave. and Fair Oaks Blvd., is also taking similar donations. Please contact them directly for more information.

Welcome New Members!

Arthur G. Baird



Erin Saberi



Request for assistance:

One of our new ARC Scholarship winners, Samantha Brady, recently lost her possessions in a house fire. Please contact Lee Battershell if you have any items you could donate to her. Lee will arrange to pick up your donations.

Sunshine Committee

Please contact Noreen Rademacher about any of our members being ill, injured, etc.—
needing cheering up!



CHAR-AAUW Ripples



Deadline for Feb. 2019 Ripples
Jan. 10th

CHAR website:

<http://citrusheights-ca.aauw.net>

Facebook: AAUW:Citrus Heights

American River-CHAR

Twitter: @aauwchar

January 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 Hungry Ladies	4	5
		Bird watching				
6 Tech Trek Mtg	7	8 Who Dunits	9 Days for Girls	10 Mah Jong	11	12
13	14 Board Meeting	15	16 More Than Bks	17 3rd Thurs Bks	18	19
20	21	22	23 World Country	24 Gada-bouts	25	26 IBC Luncheon
27	28	29	30	31		

**AMERICAN ASSOCIATION OF UNIVERSITY WOMEN MISSION STATEMENT:
AAUW advances equity for women and girls through advocacy, education,
philanthropy and research.**