



Ripples

CITRUS HEIGHTS-AMERICAN RIVER BRANCH

March 2016, Volume 55, No. 7



**March Monthly Meeting
VGIF Fundraiser
Saturday, March 12th, 11:30 AM**

**International Potluck
Come to the Fiesta!**

**Edgewood Community Clubhouse,
5688 Spyglass Lane, Citrus Heights**
**Directions: Take Sunrise to Kingswood. Turn east on Kingswood,
turn right on Spyglass.
South of the Sunrise Mall—same side of Sunrise as the mall**

**Learn about the Friendship Force Cultural Exchange Program.
More info at ffsacramento.org
Speakers: Patricia (P.J.) Missman (AAUW CHAR)
and Marty McKnew (AAUW Sacramento)**

Please bring your favorite international dish. Guests are very welcome. It will be a wonderful time to exchange recipes.

**Appetizers A-G
Salads – H-L
Main dishes M-R
Desserts S-Z**



**Bring a dish to serve 6.
Coffee, tea, and wine will be available,**

**RSVP by March 9th to Dorothy Sutter
Donations by check to VGIF are tax deductible.**

“VGIF (Virginia Gildersleeve International Fund) is based in the United States. It supports women-led projects in grassroots communities around the globe—projects that help improve the lives of women and girls by advancing women’s rights and social justice. VGIF’s grant making began in the 1970s with a focus on assisting women college graduates in identifying issues and implementing solutions to problems affecting their communities. VGIF has funded more than 515 projects in 92 countries.”

**Save the Date: Saturday, April 8th —Author’s Luncheon Advent Lutheran Church,
Fair Oaks. Michele Gill, featured guest.**

PRESIDENTS' MESSAGE

January's IBC luncheon was a wonderful reminder of what AAUW is all about ... helping other women achieve their educational goals.

The first speaker, Helen Rocha, touched our hearts with her story of her mother's sacrifices so that Helen could go to college, the first in her family. I was proud that AAUW women have played a part as well, by giving generously to AAUW Funds.

The second speaker, Swati Patel, reminded us of the need to continue working to overcome lower gender expectations for women. She cited a study of AP testing results. The study showed that simply requiring women to indicate their gender before taking the AP exam resulted in lower test scores. Now that's food for thought.

Big thanks to those who made the Valentine's Tea a success. Our guest speaker was truly a lady who is living an amazing life in service to women. Thanks, Kathleen Cha, for your inspiration.

If you loved the ARC Jazz Vocal Group at our holiday program, here's a chance to see them again. They will be performing in concert March 16, 8:00 PM at ARC Theater, 4700 College Oak Drive, Sacramento. Tickets: \$10.

Mary Duval and Joyce Farruggia
Co-Presidents

Directory Revision – Share Your Views

Our CHAR directory contains a lot of information besides the list of our members. Some of the information included may not be particularly useful to our members. Please take a few moments to look over your directory and decide what information is useful to you and what is not. By eliminating unnecessary pages, we can reduce the cost of printing and mailing of the directories.

See attached form with your March Ripples and send to Mary Duval or just send your suggestions to Mary if you don't want to use the form.

OFFICERS 2015-2016

CO-PRESIDENTS

Mary Duval
Joyce Farruggia

PROGRAM COMMITTEE

Mary Toutonghi, Chr.

CO-V.P. MEMBERSHIP

Finance—Angela Bauerle
Hospitality—Linda Marren

CO-V.P. AAUW FUNDS

Vacant

SECRETARY

Judy Bell

TREASURER

Lee Battershell-Baird

RIPPLES STAFF

Editor

Esther Leal

Circulation

Evelyn Fedler

Next Board Meeting
Monday, March 7, 2016
9:30 AM Raley's
Community Room
San Juan at Sunset,
Fair Oaks, CA

Ripples Deadline:
Saturday, March 12, 2016
Email to Esther Leal
emleal@comcast.net



BOOK CORNER

3rd Thursday Book Group

Date: Thurs., Mar. 17, 2016

Time: 1:00 PM

Hostess: Celine Walker

Book: *The Invention of Wings*, by Sue Monk Kidd

Discussion Leader: Virginia Dunstan

Great Decisions

Date: Mar. 1st and 15th (1st & 3rd Tues.)

Time: 1:00-3:00 PM

Place: Raley's Event Center—San Juan at Sunset in Fair Oaks.

For more information, visit www.fpa.org.

Or contact Virginia Sturdevant or Carolyn Stewart.



Whodunits

Date: Tues., Mar. 8, 2016

Time: 1:00—2:30 PM

Place: Carmichael Library

Be prepared to briefly highlight any mystery books read recently and share with the group. New members welcome. Call Coby Bonner with questions.

More Than Books

Date: Wed., Mar. 16, 2016

Hostess: Kathy Willstatter

Topic: Canada

LET'S EAT!

Lunch Bunch

Date: Wed., March 9, 2016

Time: 12 noon

Place: Elephant Bar Restaurant—in front of Sunrise Mall on Sunrise Blvd.

The Elephant Bar is a fun restaurant with a large selection of salads and sandwiches.

We will eat on the patio if the weather allows.

RSVP: Clydene Leslie
by Friday, March 4th.

Hungry Ladies Eating Out

Date: Thurs., March 3, 2016

Time: 6:00 PM

Place: Elephant Bar Restaurant—in front of Sunrise Mall on Sunrise Blvd.

RSVP: Corrine Laing

Hostess: Julia Barry

If you have any questions or want to join us, please call Corrine Laing.



No, this is not a misprint! Take your pick—must be popular!

EXPANDING OUR HORIZONS

Bird Watching

Date: Tuesday, March 1, 2016

Time: 8:00 AM

Place: Vic Fazio Yolo Wildlife Area
-about a 30 minute drive

RSVP: to Charlene or Lois Wren. Let them know if you are willing to drive.

Carpool: Meet at Calico's Corners in Quail Pointe Shopping Center at Sunrise and Madison. Pouring rain cancels the event. Call Charlene's cell Tuesday morning if you need to cancel.

3rd Time's a charm!



Movie Mavens

Date: Wed. Mar. 2, 2016

Call or Email: Mary Duval after Feb. 26, for the movie and where we will have lunch.

CA Water Issues

Date: Monday, March 28th

Time: 10:15 AM

Place: Raley's Community Room
San Juan at Sunset, Fair Oaks

Topic: TBA

The February meeting on Feb. 22nd is discussing the twin tunnel project arranged by Janice Chung.

Contact Mary Duval for more information about this group.

AAUW Sacramento will present a panel discussion on Human Trafficking in the Sacramento area. You are encouraged to attend and become more aware of the enormous problem in our community. March 10, 2016 from 7:00 to 9:00 PM at St. Mark's Church. Contact Charmen Goehring for more information.

Gadabouts

Date: Thursday, March 24, 2016

Time: 10:00 AM meet at Calico Corners, Quail Pointe Shopping Center at Sunrise and Madison for car pooling.

Place: Morningsun Herb Farm
6137 Pleasants Valley Road, Vacaville, CA 707-451-9406

Event: 11:00 AM arrival at Morningsun Herb Farm for a tour of the farm, shopping time, and herbal teas to enjoy. PLEASE BRING A SACK LUNCH, they have a beautiful picnic area. There is an indoor area if it's a bit wet out that day. POURING RAIN WILL CANCEL THIS EVENT.

RSVP: PJ Missman for carpooling arrangements.



Marathon Bridge Players



Save the Date

Tuesday, May 17

End of the Year Party

Eskaton Village

3939 Walnut Ave. Carmichael.

Contact Louise Lockhart for more information.

World Country Study Group

Date: Wed. March 23, 2016

Time: 10:00 AM

Place: Joyce Farruggia's home.

Topic: Joyce Farruggia will be presenting on the cinema industry in Morocco.

RSVP: Janice Chung—would be appreciated. If you need a ride, email or phone Janice.



Public Policy

YOU CAN'T BE WHAT YOU CAN'T SEE

According to a global film study by the Geena Davis Institute on Gender in Media, women film characters are a least twice as likely as men to be shown in sexually explicit scenes and are five times more likely to be referenced as attractive. Women characters are also considerably less likely than men to be portrayed in lucrative careers and leadership roles. According to the study -- which analyzed 120 films and 5,799 speaking characters -- women made up just 13.9 percent of the representations of executive leaders and just 9.5 percent of representations of high-level politicians. An analysis by FiveThirtyEight further found that women in film are significantly over represented in roles such as waitresses, teachers, and secretaries and are severely under represented in roles such as presidents, doctors, and engineers.

"One of the ways that people learn is through observation," says Yalda Uhis, a media and child development expert and former AAUW grantee who spent years as a Hollywood executive. According to Uhis' research, children replicate the stereotypes they consume from narrative media. The lack of empowering film and TV representations of women has a dangerous effect on the aspirations of young women and girls. As Gloria Steinem said, "If we can't see it, we can't be it."



Mary Toutonghi, Public Policy



Cultural Arts

The Sacramento Master Singers are celebrating thirty years under the inspired direction of Dr. Ralph Hughes at St. Francis of Assisi church, at 26 & K Streets, on Sat. March 12, at 8:00 PM, and Sun. March 13 at 3:00 PM. The concert, "And I Can Sing" will include many audience favorites as well as new works by Joni Jensen, Stacy Gibbs and others. The State Percussion Group will perform some of their own selections under the direction of Daniel Kennedy. Then they will join the choir for the centerpiece of the concert, Tarik O'Regan's moving and uplifting *Triptych*. For questions and more information, call 916-788-7464.

Website: mastersingers.org.

Roseville Rock Rollers Gem and Mineral Society presents their 54th Gem Jewelry, Mineral and Fossil Show on March 26, (10:00 AM to 5:00 PM) and March 27, (10:00 AM to 4:00 PM (Easter weekend) at Roseville (Placer County) Fairgrounds. There will be free parking with family activities, many interesting exhibits. over 60 vendors. and free door prizes. For more information about the show check the website and phone number. Website: www.rockrollers.com. Phone 530-367-5108.

Mission Oaks Recreation and Park District will have a free St. Patrick's Day Dance at the Mission Oaks Community Center, 4701 Gibbons Drive, in Carmichael on Thursday, March 17 from 1:15 to 3:45 PM. John Skinner Band, sponsored by Supervisor Susan Peters will play for the afternoon activity. It should be a lot of fun. For more information call the Center at 972-0336. The website is Morpd.com

Bunny Schwantes, Cultural Arts

The AAUW CHAR American River College Endowment Fund

We (AAUW/CHAR) established an Endowment this year! We funded the AAUW/CHAR Endowment with \$5,500 at the American River College Foundation Endowment Fund. We need your help to raise an additional \$4,500 for a total 10,000 to ensure that we can provide the scholarships in perpetuity. Our goal is to raise \$80,000, which will provide \$3,200 a year in scholarships. The higher the principal, the more we have available for scholarships.

Currently, each year we raise or donate \$3,000 for four \$750 yearly scholarships. These scholarships are awarded to qualified women wanting to further their education. These scholarships will continue under Louise Lockhart's guidance. In addition, we will also have the Endowment Fund.

When we reach our goal in the Endowment Fund, the Foundation can award the \$3,200 in total yearly scholarships to deserving women in the name of AAUW/CHAR, long after we are gone. Without the endowment, \$80,000 at \$3,200 a year would last 25 years. With the endowment, earnings over and above the scholarships are re-invested with the objective to meet and beat inflation with the probability that the \$80,000 and the scholarships will grow and last into perpetuity. The benefactor who makes an endowment gift today can find gratification knowing that it will continue to support its intended purpose far into the future. And it's a tax deductible contribution.

Those of us at least 70.5 years old can make a direct donation from our IRAs without including the income in our taxable income. All of us can receive extra tax benefits by donating appreciated stock. ARC Foundation will help us with the paperwork.

While people can contribute to the endowment fund at any time for any reason, here are three major reasons:

Endowment fund-Gifts of any amount given at any time to award yearly scholarships into perpetuity.

Memorial Fund-Gifts given in honor of a person or event so those memorials are working and providing scholarships into perpetuity

Memorial Fund-Gifts given in someone's memory so those memorials are working and providing scholarships into perpetuity.

When you write your check for the scholarship endowment, write the check to ARC Foundation. In the "For" section, write "AAUW/CHAR Endowment." If, in memory of or in honor of, in the "For" section, write "AAUW/CHAR Endowment in memory of..." Or "AAUW/CHAR Endowment in honor of..."

Those who want to contribute to the annual scholarship fund should write their checks as follows:

ARC Foundation. In the "For" section write AAUW/CHAR. Those funds will be distributed annually and will not go into the endowment fund.

So that the Treasurer can keep track of all funds donated by our members to the endowment, please mail your donations to:

A Lee Battershell
Treasurer

We will give you a monthly accounting of where we stand on the Endowment.

The following proposed bylaws amendments were passed unanimously at the 8/21/15 board meeting. They will be voted on by membership at the General Meeting on March 12, 2016.

underlined italics mean deletion

() means new language

ARTICLE IV. MEMBERSHIP AND DUES

Section 5. Dues

a. Amount

1. Changes in branch dues shall be determined at the annual meeting by two-thirds vote of those present and voting, provided notice has been given to the members 30 (15) days prior to the meeting.

Rationale: The number of days notice for election of officers and amending bylaws is 15. The notice timing should be the same...whatever allows the board to conduct business in a reasonable time frame and is fair for members to ask questions.

ARTICLE VI. OFFICERS

Section 1. Officers

a. The elected officers for the branch shall be a president, vice presidents for program, membership (and) AAUW Funds, secretary and treasurer.

b. The appointed officers shall be auditor, bylaws, (C/U Partnership), local scholarship, parliamentarian, public information, public policy, Tech-Trek and international-VGIF.

Rationale: auditor is not necessarily a member of CHAR; parliamentarian and public information will be moved to Administration.

e. All vacancies in office shall be filled for the unexpired term by the board of directors with the exception of president or co-presidents. The vice-presidents in the order listed shall fill a vacancy in the office of president or co-presidents.

Rationale: The way it is written implies that losing one of the co-presidents precipitates a VP stepping in. Section 1-f already explains that any officer position, including president, may be filled by a co-officer, so there's no need to mention the co-president possibility in 1-e.

FYI: 1-f. Each office may be filled by an officer or co-officers.

Rationale: The way it is written implies that losing one of the co-presidents precipitates a VP stepping in. Section 1-f already explains that any officer position, including president, may be filled by a co-officer, so there's no need to mention the co-president possibility in 1-e.

FYI: 1-f. Each office may be filled by an officer or co-officers.

Section 2. Duties

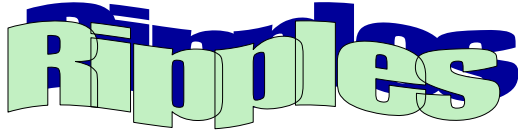
d. The treasurer shall be responsible for collecting, distributing and accounting for the funds of the branch (by the specified deadline). Omit the following; place in policies and procedures. The treasurer shall collect dues and properly remit them to AAUW National and State by the specified deadline. The treasurer shall send money for AAUW Funds by the specified deadline. Separate ledgers (accounts) shall be kept for each fund.

Rationale: This makes it more general, in keeping with the duties listed for the other officers. The details of types of funds, accounts etc. belong in the branch policies and procedures, not the bylaws.

ARTICLE VII. BOARD OF DIRECTORS

Section 1. Composition. The board of directors shall include the elected officers and the following appointed officers: auditor, C/U Partnership, parliamentarian, bylaws, public policy, public information, Tech Trek and international VGIF.

.



Deadline for Apr. 2016 Ripples
 March 12th
 See page 2 for address
 Our CHAR website:
citrusheights-ca.aauw.net

March 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Bird Watching	2 Movie Mavens	3 Hungry Ladies	4	5
	Great Decisions					
6	7 Board Meeting	8 Who Dunits	9 Lunch Bunch	10	11	12
					Monthly Meeting -VGIF	
13	14	15 Great Decisions	16 More Than Bks	17 3rd Thurs. Bks	18	19
20	21	22	23 World Country	24 Gada-bouts	25	26
27	28 CA Water	29	30	31		

AMERICAN ASSOCIATION OF UNIVERSITY WOMEN MISSION STATEMENT:

AAUW advances equity for women and girls through advocacy, education, philanthropy and research.