



RIPPLES

CITRUS HEIGHTS-AMERICAN RIVER

May 2015, Volume 54, No. 9



May Monthly Meeting
Healthcare from a Pharmacist's View
Saturday, May 9, 2015 10:00 AM
Eskaton Fitness Center
3939 Walnut Ave., Carmichael, CA

Puzzled by the Affordable Care Act, also known as Obama Care?
So is most of the country!

In pursuit of a practical understanding of its impact, so we can be informed in public policy, Daniele Sam, head pharmacist at Walgreens on Sunrise will report on her experience helping her customers navigate the waters.



This friendly, lively, smart young lady is a magician in working out solutions to one's medication problems.
Come and meet Daniele!



Members also will vote on the slate of officers for 2015-16 Slate of Nominees:

Co-Presidents: Joyce Farruggia and Mary Duval
VP Programs: Committee
VP Membership: Linda Marren and Angela Bauerle
VP AAUW Funds: open
Treasurer: Lee Battershell Baird
Secretary: Judy Bell

Nominations may be made from the floor. Please obtain the consent of the individual before placing her name in nomination.

*Save the Date: Saturday, June 13th, 11:15 AM
Installation of Officers Luncheon—Zinfandel California Cuisine, Gold River*

MESSAGE FROM OUR PRESIDENTS

As we are nearing the end of the year, we have a few reflections on the state of the branch and how to renew the energy for next year.

Please don't let your friends who are officers or committee leaders work all by themselves! AAUW has a mission. Help fulfill it. AAUW Funds, Tech Trek, VGIF, local scholarships, public policy, program (both planning and implementation), and hospitality really need more member support. Ask how you can help. Make the coming year the one when you take your turn. It's not someone else's job, it's YOURS.

Our guest author, Jeri Chase Ferris, brought her delightful books to life for those at the Authors' program. She would be great to speak in 4th thru 7th grade classes about publishing nonfiction. Thanks to Mary Toutonghi and her Public Policy group for providing the "gender gap" cookies.

Bylaws changes passed unanimously at the last meeting. Thanks to Pat Boyd and her committee for their work on this project.

Do you know a member who was in the Coast Guard? Hint: she's feisty and enjoys birding.

Answer to last month's mystery woman: She is Eliane Eisner. One person, Jean Rubin, had the correct answer.

Mary Duval and Joyce Farruggia, Co-Presidents

MANSION MEMORIES FUNDRAISER – A REAL SUCCESS FOR THE LOCAL SCHOLARSHIP FUND

Profits of \$1,328 from this event will help provide \$750 scholarships to women at American River College. Thanks to all who attended and to those who worked to make it a success!

Louise Lockhart & Carol Hayes, Co-Chairs
Local Scholarship Fundraiser

Welcome! New Member

Carol Lawrence Jones



CO-PRESIDENTS

Mary Duval
Joyce Farruggia

PROGRAM COMMITTEE

7 Members

CO-V.P. MEMBERSHIP

Finance—Judy Bell
Hospitality—Linda Marren

CO-V.P. AAUW FUNDS

Jean Bayless
Mary Gene Page

SECRETARY

Susan Oie

TREASURER

Lee Battershell-Baird

RIPPLES STAFF

Editor
Esther Leal

Circulation
Evelyn Fedler

Proofreader
Jean Rubin

NEXT BOARD MEETING

June 1st - 9:30 AM

Raley's Meeting Room

San Juan at Sunset

Fair Oaks

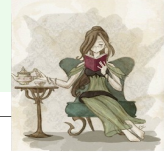
DEADLINE FOR JUNE RIPPLES

May 10th.

Esther Leal: emleal@comcast.net



BOOK CORNER



3rd Thursday Book Group

Date: Thurs., May 21, 2015

Time: 1:00 PM

Hostess: PJ Missman

Book: *Sting of the Drone* by Richard Clarke

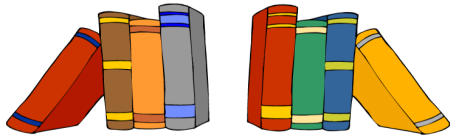
Discussion leader: Celine Walker

Whodunits

Date: Tues., May 12, 2015

Time: 1:00—2:30 PM

Place: Carmichael Library Meeting Room
New members welcome. Call Coby Bonner with questions. Briefly share and highlight mystery books read.



More Than Books

Date: Wed., May 20, 2015

Hostess: Charlene Eberwine

Topic: Exploration

New Book Group

Date: Tues., May 19, 2015

Time: 1:00 PM

Place: Carmichael Library Meeting Room

Book: *Wild: From Lost to Found on the Pacific Crest Trail*, by Cheryl Strayed, the national non-fiction best seller and basis for the popular film.

Elaine Bemis will lead the discussion. For more information, contact Robin Howlett.

LET'S EAT!



Lunch Bunch

Date: Wed., May 13, 2015

Time: 12:00 noon

Place: Matteo's Pizza & Bistro

5132 Arden Way, Carmichael
Located at 5 Points, next to 24 Hour Fitness

Matteo's is a family run business receiving a favorable write-up in Sacramento Magazine. It would be fun to enjoy our lunch on their delightful patio

Call: Clydene Leslie or
e-mail Virginia Dunstan by Friday, May 8th

Singles Dining Out

Date: Tues., May 26, 2015

Time: 6:00 PM

Hostess: Eras Cochran. Contact her directly for all the details.

If you would like to be added to the group email list contact Robin Howlett.

Hungry Ladies Eating Out

Date: Thurs., May 7, 2015

Time: 6:00 PM

Place: Thai restaurant in the north area

Hostess: Charlene Eberwine

Any questions? Please call Corrine Laing.

EXPANDING OUR HORIZONS



Bird Watchers

Date: Tues., May 5, 2015

Time: 8:00 AM

Place: Mather Field County Park.

Meet: Quail Pointe parking lot corner of Madison and Sunrise near Calico Corners at 8:00 AM. All interested ladies welcome. Come join us whether you are seasoned or beginner or somewhere in between. *Bring your binoculars and field guide.* If you need binoculars or have questions, call Lois Wren or Charlene Eberwine. Tuesday morning of the 5th call Charlene's cell if you have a change of plans.

World Country Study Group

Date: Wed., May 27, 2015

Time: 10:00 am to noon

Place: Joyce Farruggia

Joyce will be presenting on the technology sector of India. We will also discuss and decide on the country of study for next year (September 2015 to June 2016). If you can't attend, please email me your suggestions / votes.

Movie Mavens



Date: Wed., May 6, 2015

for film and lunch.

More information will be emailed to Movie Mavens when it becomes available. Everyone is welcome to join us. Contact Robin Howlett.

See you at the movies!

California Issues – proposed new group

California is a world in itself. We Californians are facing critical problems unique to our state and area. Right now we are all wondering, **WHERE DO WE GET ENOUGH WATER?** We are looking for some concerned women to get a discussion group going next year. If you care about the future of our state for yourself, for your children and grandchildren, you need to get in on the conversation. Contact Mary Duval for more information. We need a few good women to get this off the ground. It won't happen without you!

Gadabouts

Date: Thursday, May 28, 2015

Time: 9:00 AM to 1:00 PM approximately

Place: Bohart Museum of Entomology at UC Davis

Tour: 10:00 AM to 1:00 AM. There is a little walking (less than a mile and level) from the parking (\$9) at the Mondavi Center Wine and Food lot unless there are disabled parking spaces at the Academic Surge parking lot. Let's see what the Tech Trekkers learn about at the Bohart! <http://bohart.ucdavis.edu/index.html>

Carpool information: Meet at Crestview Shopping Center (Manzanita and Winding Way) near the flagpole (no flag) for ride sharing at 9:00 AM or meet at the Bohart Museum at 9:55 AM. Bring small bills for the tour (\$3 each with a minimum of 10 for tour), ride sharing (\$5 each to driver),

Lunch: Seasons Restaurant. I have requested a private dining room, separate checks and they do take credit cards.

RSVP: Janice Chung by May 19th and leave a message. (I will be out of town May 20 – 24) and let me know whether you are able to drive, need a ride, or will meet us at the museum.



Public Policy

April 14th was EQUAL PAY DAY, symbolizing how far into the new year the average woman has to work to earn what men on the average make in 12 months. On April 13th, an AAUW-sponsored resolution, ACR50, went before the full California Assembly proclaiming April 14th Equal Pay Day!



This was a great opportunity for AAUW visibility before our legislators! Assembly woman Lorena Gonzalez, the author of the bill, welcomed AAUW members to be in the Gallery when the bill came up for a vote and to be photographed with her. Members were invited to remain in the Gallery following the vote to observe Assembly woman Toni Atkins, Speaker of the Assembly, who is a great supporter of AAUW!

Four other Assembly members spoke about the importance of Equal Pay for women before Assembly woman Gonzalez, who then gave a strong presentation about the bill's merits. She asked all Assembly members to sign on as co-sponsors, and all present did so. The VOTE IN FAVOR OF ACR50 WAS UNANIMOUS.

Sue Miller, CA State Public Policy Chair, and an eye-witness to the proceedings, thanked our branch for calling attention to the Equal Pay issue through our presentation of The Cookie Project on April 11th at our Author's Branch Meeting.

A possible study/action topic for next year: Highlighting women's sports in our local media. This would fit in nicely with both our National and CA state objectives. This suggestion as well as others will be discussed at our next one hour Public Policy meeting at Mary Toutonghi's home at 10am, Monday, May 11th. Everyone is welcome to attend. An RSVP would be appreciated.

Mary Toutonghi - Public Policy



CULTURAL ARTS

The 37th Annual Sacramento Suburban Kiwanis Art Fiesta will be held in Sacramento at Pavilions Shopping Center located on Fair Oaks Blvd., near Howe Avenue on Saturday and Sunday, June 6th and 7th. More than 100 artists will display their paintings, pottery, glass, photography, jewelry and much more. For more information about the Fiesta and to be considered for a display spot please e-mail info@kiwanisartfiesta.org

Sacramento Choral Society and Orchestra presents "Songs of Eternity" on Saturday, May 9th at 8:00 P.M. with a pre-concert talk at 7:00 P.M. by Music Director Donald Kendrick. Three groups of songs entitled "Requiem for the Living" by Dan Forrest; "Sea Symphony" by Howard Hanson; and "Songs of Eternity" by James Hopkins who will also be special guest will be presented. The performance will be at the Sacramento Community Center Theatre, 1301 L Street. The Box Office phone number is 808-5181. Website: sacramentochoral.com

The Sacramento Master Singers celebrate 39 Years of making great Choral Music at First United Methodist Church, 21st and J Streets on Saturday, May 16th at 8:00 P.M. and Sunday, May 17 at 3:00 P.M. This program celebrates the great choral music of more than a dozen composers both past and present. The Master Singers is directed by the capable and very talented Dr. Hughes who will also lead the Master Singers in a tour of Scotland in June. For more detailed information about the program call 788-7464. Website: www.mastersingers.org

Bunny Schwantes, Cultural Arts

**Minutes of the CHAR/AAUW April 7th Board Meeting -
See attachment with the May Ripples by email. If you receive the Ripples
by mail, ask a friend to print you a copy.**



**SPECIAL PROGRAM
GIRLS' SOCCER SCORES A GOAL IN ETHIOPIA**

**Saturday, May 30 1:30 p.m.
Fair Oaks Library Meeting room 11601 Fair Oaks Blvd.**

The ongoing effort to empower women and girls in many parts of the world is slow and difficult, but here's a real life success story! CHAR is proud to present a dynamic young leader – Suleikha Sutter who will speak about her personal mission to bring the beautiful game of soccer to the girls of Nazareth, Ethiopia. Come and share the experience. Bring your family.

This special presentation is our branch fundraiser for the Virginia Gildersleeve International Fund. Suggested donation: \$5 per person, \$10 per family. If you cannot attend but want to support VGIF, please send check, payable to CHAR AAUW.

Mail to Mary Duval



**Marathon Bridge 2014-2015 Luncheon
Friday, May 22th, 10:00 AM
Eskaton Village, 3939 Walnut Ave., Carmichael, CA 95608**

Menu: Salad, Chicken Parmesan, Asparagus, Rolls and
Sugar Free Chocolate Cake. Coffee, tea and iced tea included.

Cost: \$24. Mail check to Harriett Orchard.

Checks must be received no later than Saturday, May 16th.

All Marathon games should be completed and the scores sent to Harriett,
no later than May 16th.

Signups are now being accepted for next season's Marathon Bridge.

Both old and new teams are welcome. You and your partner will play a different team each month from September through April on a date agreed upon by the respective teams. Each player should mail a \$20.00 check, payable to CHAR/AAUW to Margaret Lawston. Write the name of your partner on the memo line of your check. **Checks must be received by June 9th.** Instructions and a play schedule will be emailed to each player in late August. Questions? Call Margaret.

Sign up now to assure a spot! If there's an odd number of teams,
you may be on a waiting list.



Membership Renewal Form for 2015-2016

CHAR MEMBERSHIP RENEWAL

Check here if any information is different from last year's directory. **Highlight changed information.** Please complete the following information as you wish it to appear in the branch directory:
Please print.

Name _____

Address _____

Phone:
Home _____

Cell _____
(Include area code with all phone nos.)

E-mail address:

Ripples Newsletter, emailed ____yes
____Mailed through Post Office*

** \$10 covers annual printing and mailing costs of your Ripples. If you choose the mailing option, adding \$10 allows the branch to use general membership dues to benefit all members.*

The due date for renewing your membership is June 15.

Make check payable to CHAR/AAUW

Send Form and Payment to:
Angela Bauerle

Please send in the entire page when completing the membership renewal form.

CHAR MEMBERSHIP FEES

Circle appropriate category:
Regular Dual Honorary

1) Regular Member Category

Breakdown of dues:

AAUW National Dues \$49

(\$46 of this is tax deductible)

CA State Dues \$20

CHAR Dues (Branch) \$15

Regular Member—Total: \$84

Note: *If you are a Paid Life Member your total fee is \$35. (Total of State and CHAR fees. You do not pay National Fees.)*

Paid Life Member—Total \$35.

2) Dual Member Category

My Primary Branch is:

If you are a dual member, and CHAR is not your primary branch, **your total fee is \$15.** (Our CHAR branch fee). You do not pay the State and National fees twice! If this is your primary branch, total fees of \$84 apply.

3) Honorary Life Member Category

If you are an Honorary Life Member, you only pay \$15.

Honorary Life Member- Total: \$15 fee

Renew Online!

If you prefer, you may renew online and pay by credit card by going to our website:

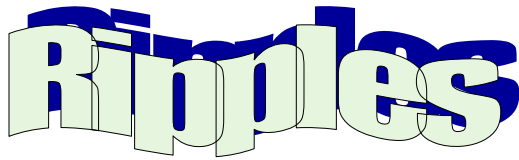


www.citrusheights-ca.aauw.net



Look for contribution opportunities in the September 2015 Ripples. There will be a new format for making donations to your favorite groups at that time, so please don't send any with this renewal, except adding \$10 if you're requesting the printed Ripples newsletter.


CHAR-AAUW Ripples



Deadline for June 2015 Ripples
 Sunday, May 10th
 See page 2 for address

Our CHAR website:
www.citrusheights-ca.aauw.net

May 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	 Bird Watching				1	2
3	4	5 Gr. Dec.	6 Movie Mavens	7 Hungry Ladies	8	9 Mo. Meeting
10	11	12 Who dunits	13 Lunch Bunch	14	15	16
17	18 New Book Grp	19 Gr. Dec.	20 More Than Bks	21 3rd Thurs Bks	22 Marathon Bridge Lunch	23
24	25	26 Singles Dining	27 World Country	28 Gada-bouts	29	30
31					Fundraiser Ethiopia	Soccer in Ethiopia 1:30 PM

AMERICAN ASSOCIATION OF UNIVERSITY WOMEN MISSION STATEMENT:
AAUW advances equity for women and girls through advocacy, education, philanthropy and research.