



CITRUS HEIGHTS-AMERICAN RIVER BRANCH

Nov. 2014 Volume 54 No. 3

**November Monthly Meeting  
Luncheon and Speaker  
November 8, 2014 11:30 AM  
North Ridge Country Club— Madison at Mariposa  
Fair Oaks, CA**

**Have you ever contemplated walking the larger portion of a 490 mile path?** Our November speaker will expound on the path made famous by Shirley MacLaine in *The Camino* and Emilio Esteves with father, Martin Sheen in the film, *The Way*.

**Roxanne Morgan has walked the Camino de Santiago and Camino Portuguese and will share the many ups and many downs of walking a pilgrimage.** She will help you prepare for your own, how to pack, what to wear, what to expect and what to do in those frequent times when you are faced with the utterly unexpected. She will show us slides of her adventures.



**In addition, Roxanne volunteered at an albergue** (hostel) this past summer and spent two weeks attending to the needs, both physical and spiritual, of 50-90 pilgrims a night by cooking dinner and breakfast. Listening to joys and woes in many languages added to her own joyful experience.

**Kirsten DuBray**, Director of College Advancement at American River College will be our special guest.



Luncheon will be buffet-style, featuring Soup of the Day, Chicken Mediterranean Salad with Spring Mix, Craisins, Feta, Pecans, Red Onion & Raspberry Vinaigrette. Fresh Baked Cookies, Coffee & Tea.

**Cost: \$24**

Make check payable to CHAR/AAUW - **Deadline Nov. 3rd.**  
Mail to Pat Boyd

***Please include slip of paper with names of any guests you're bringing.***

**Save the Date: Sat., December 13th, 10:00 AM  
Annual Holiday Social—Christ Community Church,  
5025 Manzanita Ave., Carmichael, CA**



## PRESIDENTS' MESSAGE

**Great start for our year!** October's program with the McGeorge school of law student panel was very well received by a capacity crowd. Kudos to Mary Toutonghi and her committee for putting it all together. Three new members joined us at the meeting. You are all doing a great job on the membership committee of the whole.

**We have a great visibility team** assembled to promote CHAR on the internet, in the news and in the community. The team members are Angela Bauerle, Dorothy Sutter and Linda West. Give them a hand. If you find an opportunity for promoting our branch, contact the team.

**Have you noticed the fantastic new interest groups** and auxiliary programs on the calendar this year? Make it a point to try out something new. Check out WOW, for example. Carol Hayes is putting together special presentations by outstanding women in various fields. Check out last month's Ripples for a new section of More Than Books in which you walk first, go to breakfast and then discuss a book topic. The theater group has plans to see the B Street Theater, STC and ARC's productions as well as taped live shows from Britain's National Theater at local movie houses. Call Elaine Bemis about these groups.

**Do you have something to share with the branch?** Write a guest article. This month read Robin Howlett's piece on her trip to Washington D. C. in support of the Equal Rights Amendment. We would love to hear about your experiences outside of CHAR which support the mission of AAUW. Send us your ideas.

**Send in your reservation** for Roxanne Morgan's presentation of Camino Santiago at the North Ridge Country Club for this month. World Country Study Group heard her last year and enjoyed her spectacular slides and stimulating commentary. It's not to be missed. Bring a guest; see you there!

*Joyce and Mary*

### **\*Program Committee Members:**

Alice Ainsworth, Pat Boyd, Karen Campbell, Judy Hoefling, Donna Mayol, Noreen Rademacher, and Mary Toutonghi

## OFFICERS 2014-2015

### CO-PRESIDENTS

Mary Duval  
Joyce Farruggia

### PROGRAM COMMITTEE

\* see below

### CO-V.P. MEMBERSHIP

Finance—Judy Bell  
Hospitality—Linda Marren

### CO-V.P. AAUW FUNDS

Jean Bayless  
Mary Gene Page

### SECRETARY

Susan Oie

### TREASURER

Carolyn Kiesling

### RIPPLES STAFF

Editor

Esther Leal

Circulation

Evelyn Fedler

Proofreader & Label Maker

Jean Rubin

Reminder of Board Meeting  
Dec. 1st —9:30 AM  
Raley's Meeting Room  
San Juan at Sunset  
Fair Oaks, CA

### DEADLINE FOR DEC. RIPPLES

November 15th.

Esther Leal: [emleal@comcast.net](mailto:emleal@comcast.net)



## SPECIAL INTEREST GROUPS

More information and photos can be seen on our website: <http://citrusheights-ca.aauw.net>

### Bird Watching

**Date:** Tues., Nov. 4th

**Place:** Sacramento Zoo

**Time:** 9:00 AM to carpool (see below)

**Tour Coordinator:** Lois Wren

**RSVP:** Lois Wren

**Over 50 species** of very exotic birds from throughout the world (Africa, Australia, Central America, etc.) I will lead the tour as I have been a docent there for years. General admission for Seniors is \$10.50 and about \$2.00 for gas.

**Meet:** Madison and Sunrise by Calico Corners at Quail Pointe to car pool. Let me know if you are coming and can drive.

**Tour:** 1 1/2 hours until 11:30 a.m. Feedback please on lunch at the zoo.—the usual fare of pizza, hamburger, hotdogs, salads, etc.

### 3rd Thursday Book Group

**Date:** Thurs., Nov. 20th

**Time:** 1:00 PM

**Hostess:** Jan Bessette

**RSVP:** Jan Bessette

**Book:** *The Art Forger* by B.A. Shapiro

**Discussion Leader:** Alice Ainsworth

### More Than Books

**Date:** Wed., Nov. 19th

8:15 Walk in a park

9:00 Breakfast at a restaurant

10:00 Book Topic: Newsworthy

**Hostess:** Louise Lockhart

### Whodunits

**Date:** Tues., Nov. 11th

**Time:** 1:00 PM

**Place:** Carmichael Library

Briefly share mystery books read with other members. Call Coby Bonner with questions. CHAR/AAUW members can purchase books at The Bookworm, 4949 Ste. J, Marconi Avenue and Walnut. Just mention the Whodunits account.

### Gadabouts

**Date:** Thurs., Dec. 4th

**Time:** 10:30 AM

**Event:** Tour the downtown Verge Center for the Arts followed by lunch at The Riverside.

**Cost:** No charge. However, as a non-profit, Verge would appreciate a small donation if you wish to make one. Separate checks at lunch.

**RSVP:** Karen Buxton

**Getting there:** Verge is at 625 S Street downtown. The Riverside is at 2633 Riverside, two blocks south of the Riverside and Broadway intersection.

**Carpool:** Gather at the Target parking lot at Madison and College Oak at 10:30 AM.

**Verge is a new, contemporary art gallery** which also houses a one-of-a-kind printmaking lab. The current exhibit "The Chromatic Convergence Project" features 343 dresses of exactly the same design but each in a different color, tones of seven basic colors. Come join us!



### Join the Party!

Want to go for a walk? See a movie? Hear a concert? Want a companion for a Road Scholar trip or Sports Leisure? Hate to go alone?

Send your email to Joyce Farruggia, for inclusion in an email circle.

### New Couples Dining

**Date:** Thurs., Nov. 13th

We would like to invite 2 more couples to join us for food and conversation. Coby Bonner will contact you with the November location and other information.

**RSVP:** Gwen Houk or Coby Bonner



## SPECIAL INTEREST GROUPS AND MORE

### Lunch Bunch

**Date:** Wednesday Nov. 12th

**Time:** 11:30 AM

**Place:** Dad's Kitchen

**Location:** 8928 Sunset, Fair Oaks

S.E. corner of Sunset and Hazel  
First in Land Park, now a 2nd location in Fair Oaks. Featured on Food TV's Guy Fieri's show "Diners, Drive-ins and Dives," they cook meals fresh to order with grass fed beef, organic chicken and greens, and have a great selection of salads, sandwiches and burgers.

**RSVP:** Clydene Leslie or Virginia Dunstan by Friday, Nov. 7th.

### Movie Mavens

**Date:** Wed., Nov. 5th

Please contact Robin Howlett to join our email list at

Look for an email coming soon with details on the film we will be seeing and theater information with other details. We need others to volunteer to host future months. Everyone is welcome!

### Singles Dining Out

**Date:** Tues, Oct. 28th

**Place:** Marie Callender's Restaurant and Bakery—5525 Sunrise, Citrus Heights

**Co-Hostesses:** Jean Rubin and Gladys Esterkyn

**RSVP:** Jean Rubin or  
Contact Robin Howlett to be on email list.

### Hungry Ladies Eating Out

**Date:** Thurs., November 20th

**Time:** 6:00 PM

**Nov. Hostess:** Linda Marren

All CHAR members are welcome, married or single. If you want to be on our notification list, please call or e-mail Corrine Laing.

### New Book Group

**Date:** 3<sup>rd</sup> Tuesday Nov. 18th (new date)

**Time:** 1:00 PM.

**Place:** Carmichael Library located at 5605 Marconi Ave, Carmichael, CA 95608

**Book:** Kiyo's Story by Kiyo Sato, available in paperback.

**Discussion leader:** Judy Bell  
Refreshments will be provided.

**RSVP:** Robin Howlett. Everyone is welcome!

\*Heads-up for December – The Boys in the Boat: Nine Americans and Their Epic Quest for Gold at the 1936 Berlin Olympics by Daniel James Brown, available in paperback.



**Tech Trek** - off to an amazing start thanks to CHAR members! Members have already donated an incredible \$3,530 toward the 2015 Tech Trek scholarships. We are hoping to send 6 girls to the UC Davis camp next July. Our Tech Trek team has 12 members who will be fundraising, reviewing applications and interviewing candidates for scholarships. We always welcome more members or leads on fundraising. Know any businesses/organizations that may want to donate to an important scholarship fund? Please contact Giulia Favro-Farruggia if you know a philanthropist or are interested in joining us!

***Pictured above are three of this past year's girls.***

**HIGHLIGHTS FROM THE CHAR/AAUW  
BOARD MEETING OCTOBER 6, 2014**

**Call to Order:** Co-President Mary Duval called the meeting to order at 9:30 a.m.

**Treasurers' Report:** to be given at the next board meeting. A new bank stamp will be ordered so that Membership VP Judy Bell will be able to deposit checks into CHAR's account instead of transferring them to the treasurer to deposit. This will speed up check clearance from the members' bank accounts.

**Bylaws:** Parliamentarian Pat Boyd announced that the newly formed Bylaws committee (Charlene Eberwine, Mary Pavan and herself) has had an initial meeting. Pat presented the results to the Board for discussion only. A proposed timeline will ensure that all required procedures be completed by the installation of officers in June 2015.

**Membership:** Co-VP Judy Bell announced that CHAR now has 141 members, having added 13 since May, six of whom joined at the September membership meeting. Pursuant to the Shape the Future membership campaign, new members who join at any public event will enjoy a one-time discounted membership fee of \$55.50 if they join at the event. In addition, whenever CHAR brings in two new members at the \$55.50 fee, the Branch itself gets a free national membership for the following year.

**Program:** October General Meeting at Sylvan Oaks Library will feature students from McGeorge School of Law discussing the propositions on the November ballot. Pat Boyd announced the plans for the November membership meeting at the North Ridge Country Club at which the speaker will be Roxanne Morgan. The American River College scholarship recipients will be guests. Co-President Joyce Farruggia announced that the Branch will present Angel Awards at the December membership meeting to the three members who have donated uncommonly large amounts of money to Tech Trek.

**Public Policy:** Mary Toutonghi stated that the committee will meet sporadically.

**AAUW Funds:** Co-VP Mary-Gene Page stated that she and Co-VP Jean Bayless met recently to clarify the concept of AAUW Funds. They also discussed plans for the February fundraiser. A committee of eight will assist in carrying out the Game Day activities for which a presidential theme is being considered. This led to the idea of requesting letters from prominent women in politics and other fields on the subject of a female president, with a view toward auctioning the letters as part of the fundraiser. Among those mentioned were female Secretaries of State (Hillary Clinton, Condoleeza Rice and Madeleine Albright) and female Supreme Court Justices. Further consideration will be given to all these possibilities.

**V.G.I.F.:** Virginia Dunstan has resigned as Chair of VGIF. A fundraiser for VGIF is planned for later in the year.

**Tech Trek:** Tech Trek has made reservations for six girls to attend next summer. CHAR has the money for four now and will raise the funds for the remaining two. Tech Trek will have a booth at the Rancho Cordova Tree Lighting ceremony on November 30 at which donations will be solicited. Joyce Farruggia suggested that CHAR consider soliciting funds for Tech Trek from the various tech companies in the area.

**New Business:** The issue of funding for interest groups and special groups which are not currently included in the budget was discussed. Consideration may be given to such funding in the future, but, at the moment the budget is very tight.

**Key Dates:**

Nov. Meeting: North Ridge lunch/speaker      Saturday, November 8th  
Next Board Meeting:                                      Monday, December 1st

*Susan O'ie, Secretary*

## Public Policy

**Washington, DC** – A coalition of women's groups and political organizations came together September 12<sup>th</sup> and 13<sup>th</sup> to generate new enthusiasm and participation and reinvigorate the Equal Right Amendment movement (ERA). I (Robin Howlett) was there to take part in all the action as part of Women Matter (women-matter.org), among many other groups participating. It was exciting and inspiring, great fellowship with good women for a great cause.

**On Friday, September 12<sup>th</sup>** we met in the Dirksen Senate Office Building, with members of Congress who have already sponsored resolutions regarding reactivation on the ERA. Later, we visited with individual congressmen in their offices asking for their support and commitment to co-sponsor the Joint Resolutions that are before both Houses. These Resolutions would remove the ratification deadline provision for the ERA.

**Removing the deadline provision** for the passage of the ERA is a critical first step in the two prong approach that has been formulated in the Three State Strategy organizers are seeking to utilize in their renewed efforts for ERA passage. The remaining tactic being used simultaneously is to target the state legislatures of three additional states that are needed to have the ERA pass and become a reality for our nation. Then the 28<sup>th</sup> Amendment to the US Constitution will finally be the law of the land.

**On Saturday, September 13<sup>th</sup>** was a National ERA Rally on the west lawn of the Capitol. Dozens of prominent speakers were on hand to inform and inspire. Eleanor Smeal, founder of Feminist Majority, former NOW President, national ERA campaign president, was our keynote speaker.

**A national poll regarding the ERA** revealed that most young adults nationwide think the ERA is already the law. Others don't believe the ERA is necessary because all the rights are already protected with current legislation. However, these rights could be repealed any day. Bottom line, in order for the ERA to become real; it must be in the US Constitution.

*Robin Howlett, Guest Columnist*



**Sacramento Theatre Company (STC)** presents the play "Kate, The Unexamined Life of Katherine Hepburn" by award winning playwright, Rick Foster. This world premier play is about one of the greatest stage and screen legends of our time and is one of Foster's newest works which will be presented at STC's intimate Pollock Stage, 1410 H Street, on Nov. 5th through Dec. 14th. The setting is New Year's Eve in 1999 and Katherine Hepburn, at the age of 92, reflects on her life and her loves as she ponders what the future holds. The audience will experience a side of Hepburn that they have never seen before. For more information, tickets and parking call (916) 446-7501. Website: Sacramento Theatre Company show --"Kate"

**The Sacramento Mineral Society of California** presents their 78th Annual Gem, Jewelry, Mineral and Rock Show on Sat., Nov. 8th at 10:00 AM to 5:00 PM, and Sun. Nov. 9th at 10:00 AM to 4:00 PM at the Scottish Rite Temple, 6151 H Street. All sorts of treasures are to be found such as minerals, fossils, beads, gemstones, meteorites, jade and other very interesting items. For more information call the Scottish Rite Masonic Temple at (916)-452-5883. Website: [sacramentomineralsociety.org](http://sacramentomineralsociety.org)

**Sacramento Community Center Theater.** 1400 J Street in Sacramento, presents the 2006 Tony Award winning musical, "Jersey Boys" Nov. 5th through Nov. 22nd. It is the story of how a group of blue-collar boys from New Jersey became one of the biggest American pop music sensations of all time. This hit has been made into a feature film directed by Clint Eastwood. For more production information and to order tickets call (877) 512-5220 or (800)363-5085. Website: [www.ticketcenter.com/sacramento](http://www.ticketcenter.com/sacramento)

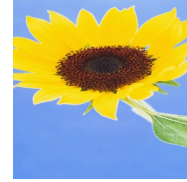
*Bunny Schwantes, Cultural Arts*

## Welcome New Members!

Michelle Favro-Farruggia



Diane Hansen



Cynthia Marx



Carolynn Michaels



Kay Page



### **WOW (WOMEN OF THE WORLD)**

**Date:** Thurs. Nov. 13th

**Time:** 12:30 - 2:00 pm

**Place:** Carmichael Library Event Center  
What is WOW? Sacramento Branch started WOW 10 years ago with the purpose to educate AAUW members about many world cultures where women have similarities and differences with/from American women.

**Speaker:** Lynn Wilcox, MA & PhD in Counseling Psychology, member of Sacramento Branch

**Topic:** "Psychology of Women" - interesting facts about contemporary American women presented in recent psychological research. It will conclude with brief comments on the psychology of women in the original and very different meaning of the term. Notes: WOW will meet a few times a year - questions contact Carol Hayes - Open to the Public

### **World Country Study Group (used to be Travel Study) – combined Nov. & Dec. meeting**

**Topic for this year:** India

**Date:** Wed., Dec. 3, 2014- 10:00 AM

**Place:** Carmichael Library meeting room, 5605 Marconi Ave, Carmichael, Peggy and Jack Kennedy will be discussing their experiences in the Peace Corps in India many years ago, plus their trips back later.

**RSVP** to Janice Chung.

Participants may be bringing something to share from their research on a general topic, so being on my email list would be really helpful.

The library opens at 10:00 but the meeting room door on the right wall by the main (parking-lot-side) doors is open. Bring a sweater or jacket, since the room tends to be chilly.


**CHAR-AAUW Ripples**



Deadline for Dec. Ripples  
 Nov. 15th  
 See page 2 for address  
 website: <http://citrusheights-ca.aauw.net>

# November 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 Bird Watching	5 Movie Mavens	6	7	8 Nov. Mo. Meeting at North Ridge Country Club
9	10	11 Who Dunits	12 Lunch Bunch	13 WOW	14 New Couples Dining	15
16	17	18 New Bk Grp	19 More Than Bks	20 3rd Thurs Bks	21 Hungry Ladies	22
23	24	25	26	27	28	29
30 Tech Trek fundraising booth at the Rancho Cordova tree lighting ceremony						Gadabouts—Thursday Dec. 4th

***AAUW advances equity for women and girls through advocacy, education, philanthropy and research.***